

## Pharmacological interventions to improve the efficacy – toxicity balance of anticancer drugs

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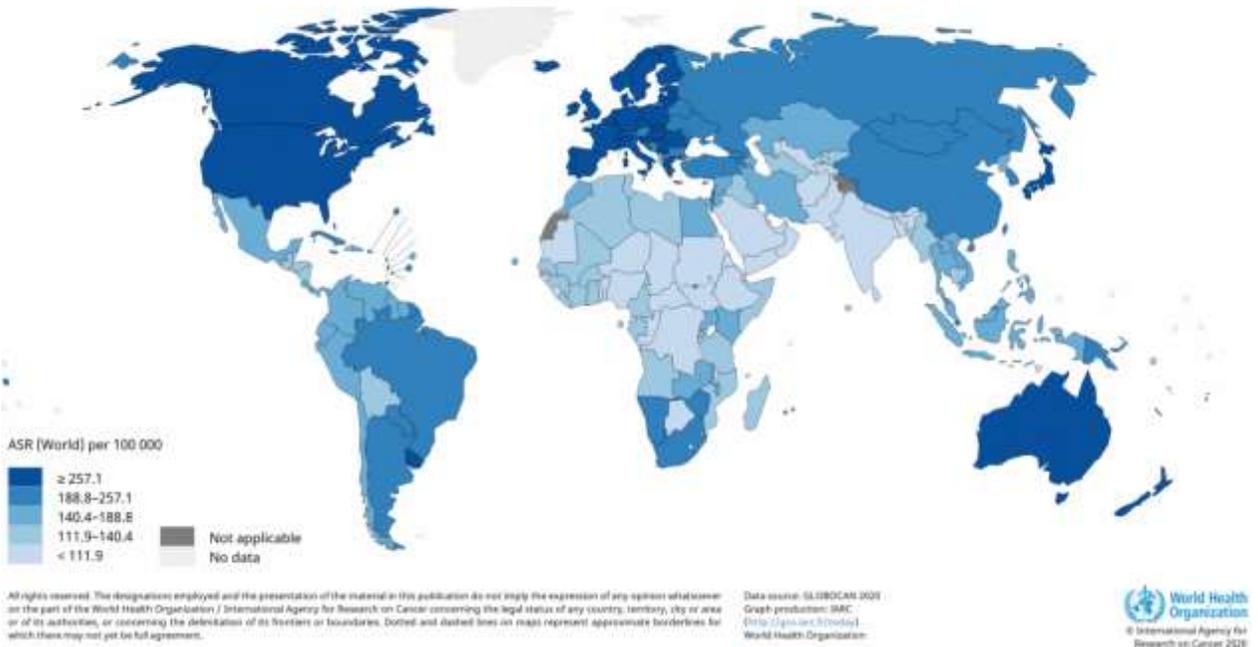
### Conflict of Interest Disclosure

(Potential) conflict of interests	See below
Possible relevant relations with companies for symposiums	Company names: Astellas, Ipsen, Janssen-Cilag
Type of sponsoring: <ul style="list-style-type: none"> <li>• Sponsoring of Investigator Driven Studies</li> <li>• Educational Grants</li> <li>• Honorarium</li> <li>• Stock owner</li> <li>• Other Relationship</li> </ul>	Sponsoring of Investigator Driven Studies: Astellas, Ipsen, Janssen-Cilag

\* All grants are invoiced by the Radboudumc

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## Prevalence of cancer worldwide - 2020



> 200 drugs for the treatment of cancer available



Classic Chemotherapy



Immuno-therapy



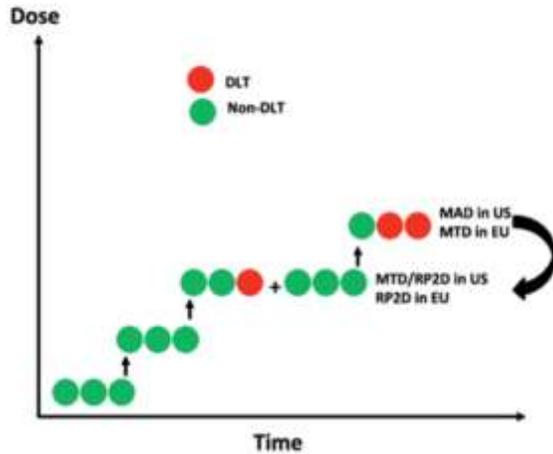
Targeted oral therapy



Targeted MoAbs

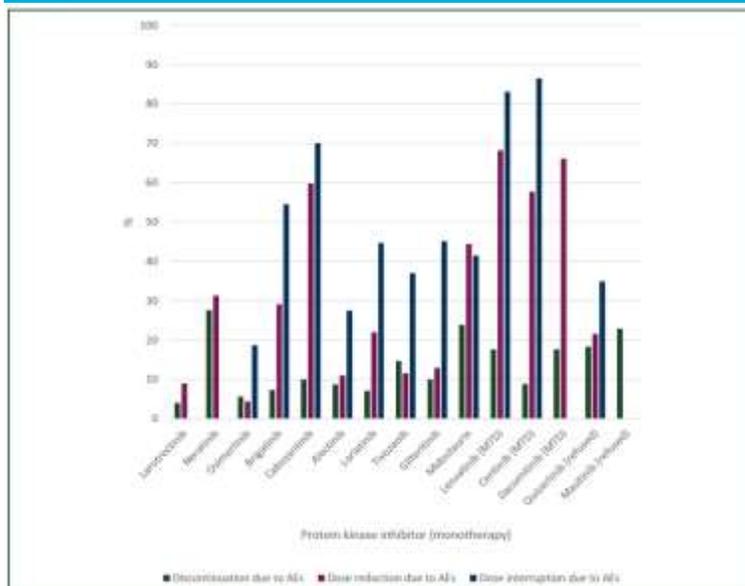
## Dose selection is based on a very small group of patients

### Standard 3 + 3 Design



Cancer control Hansen et al. (2014) Vol 21, No. 3

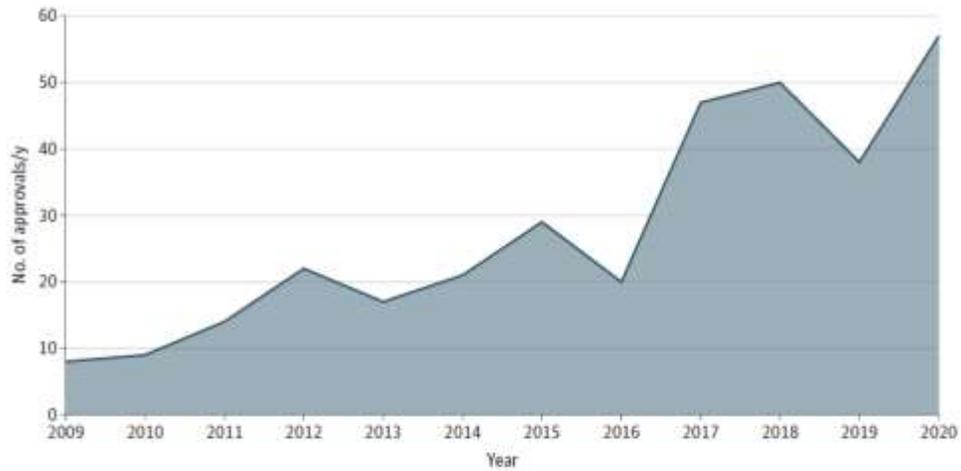
## And even toxicity cannot be prevented by this approach



Mallepaard et al. ESMO Open 2021 Dec:6(6)

## Registration anticancerdrugs FDA 2009-2020

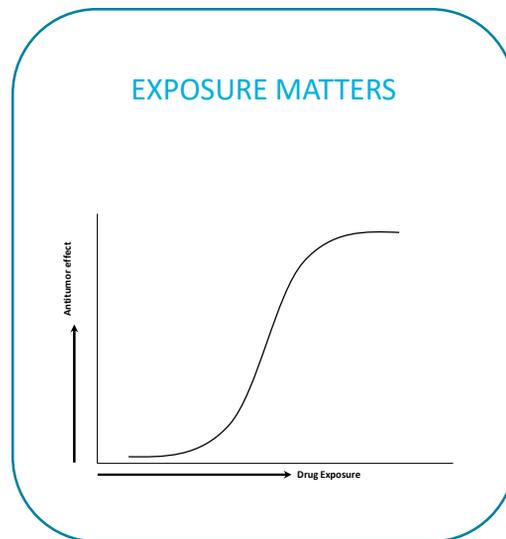
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*Oliver et al. JAMA Netw Open 2021; 4(12):e2138793*

## Much treatment benefit can be achieved by optimizing the dose

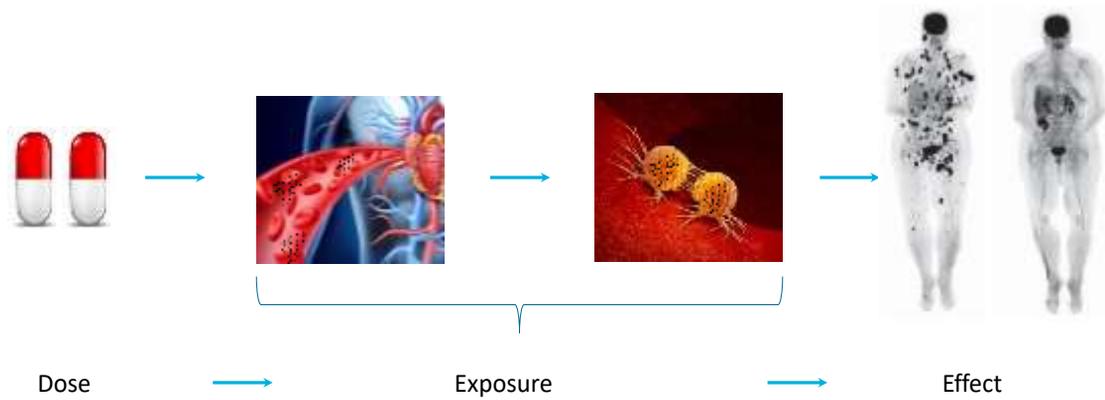
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## Basic principles of pharmacology

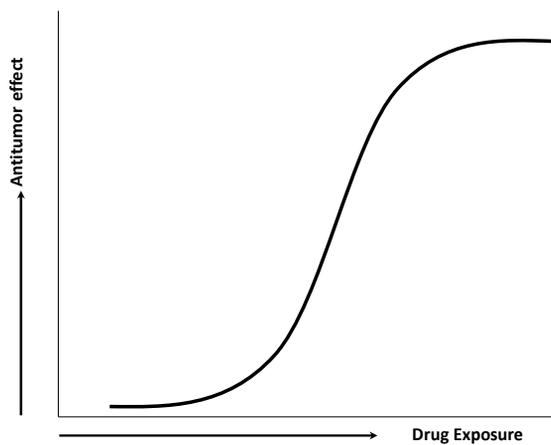


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## Pharmacological principles - graphically depicted



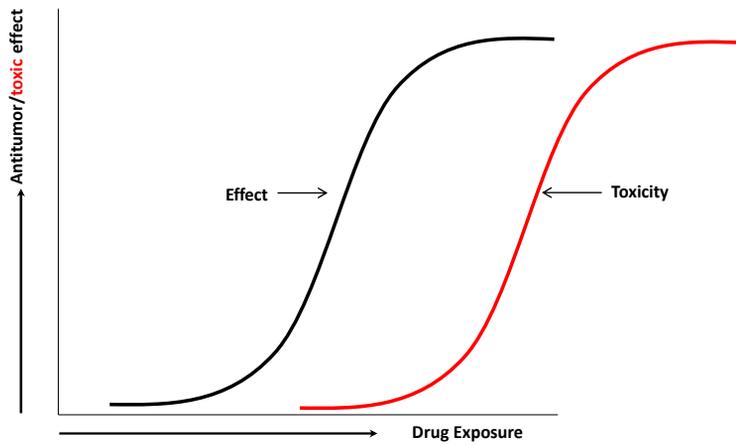
Dose – Effect relation  
**Or better:**  
Exposure – Effect relation

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## Why don't we simply increase the dose

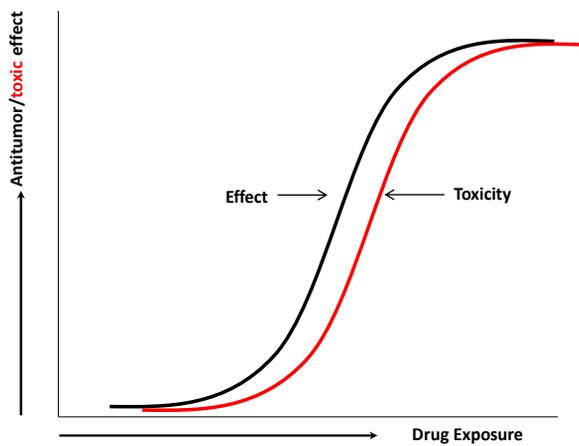


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## Due to a narrow "therapeutic window"

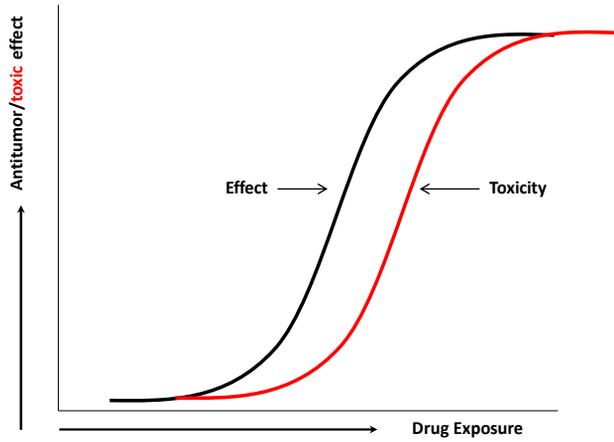


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And every patient is on a different spot on the curve  
*Large interpatient variability*

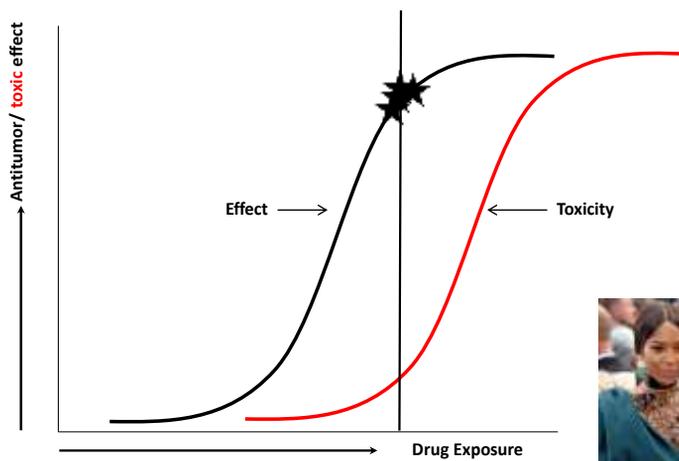


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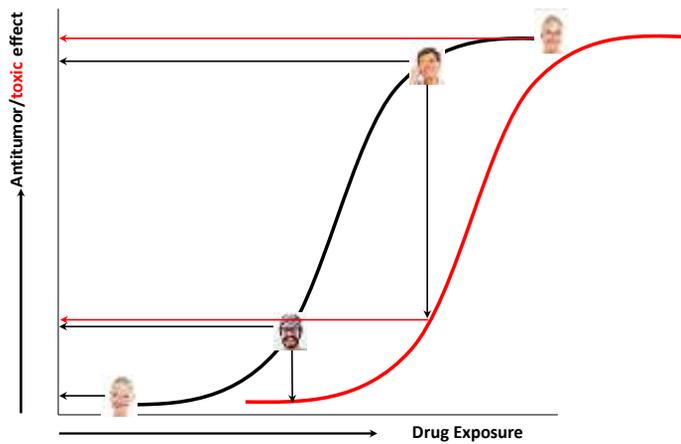
In the ideal world “one dose fits all”.....



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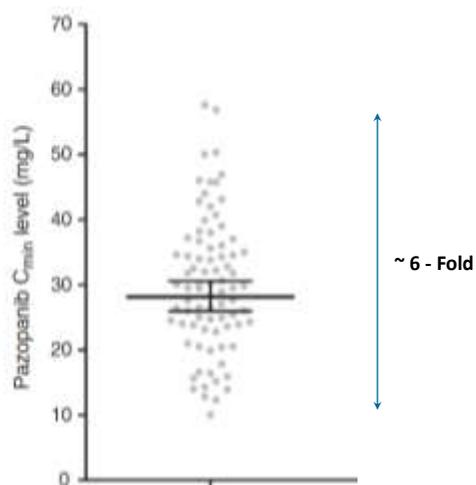
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## However in reality everybody is unique



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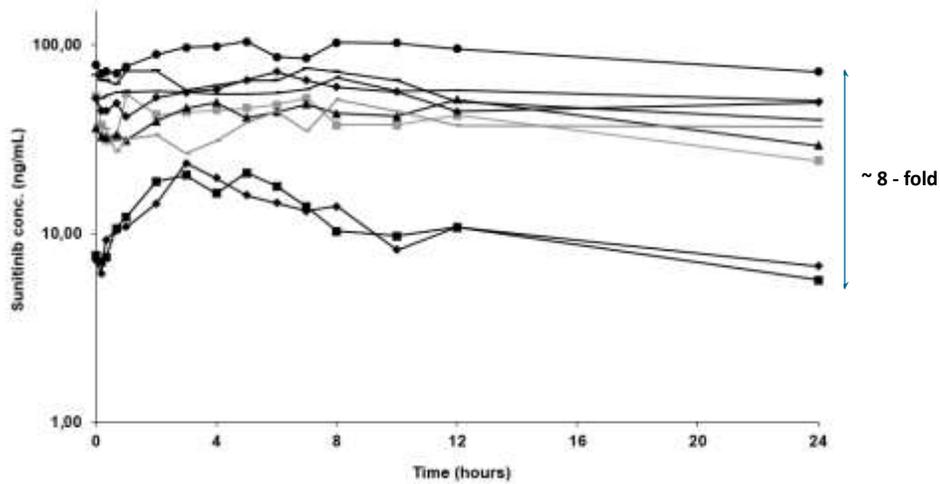
## Examples from the clinic: pazopanib



Krens et al. *Int J Cancer* 2021 Jun 1; 148(11): 2799-2806

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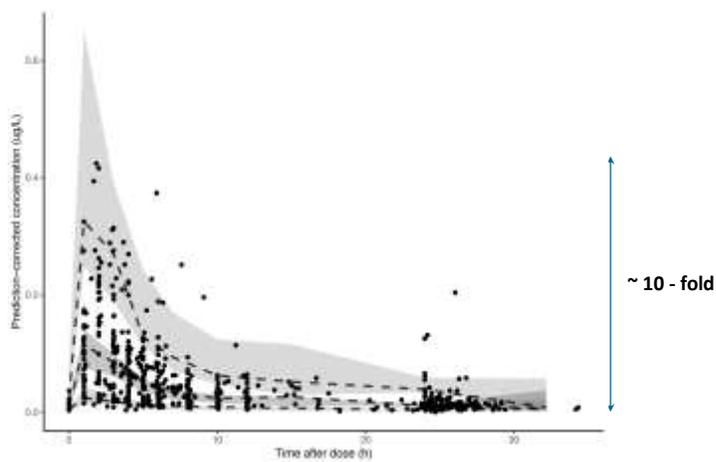
## Examples from the clinic: *sunitinib*



Adjusted - De Wit et al *Cancer Chemother Pharmacol* 2014 Jan;73(1):87-96

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## Examples from the clinic: *abiraterone*



Adjusted - Boerrigter et al. *Br J Clin Pharmacol* 2022 Mar;88(3): 1170-1178

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## Which affects treatment outcomes

Anticancer Effect



Toxicity profile



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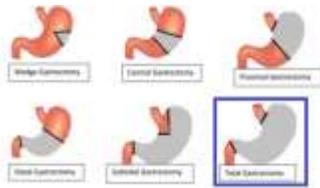
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## Causes of this large variation in pharmacokinetics

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## Causes for the large variation in pharmacokinetics



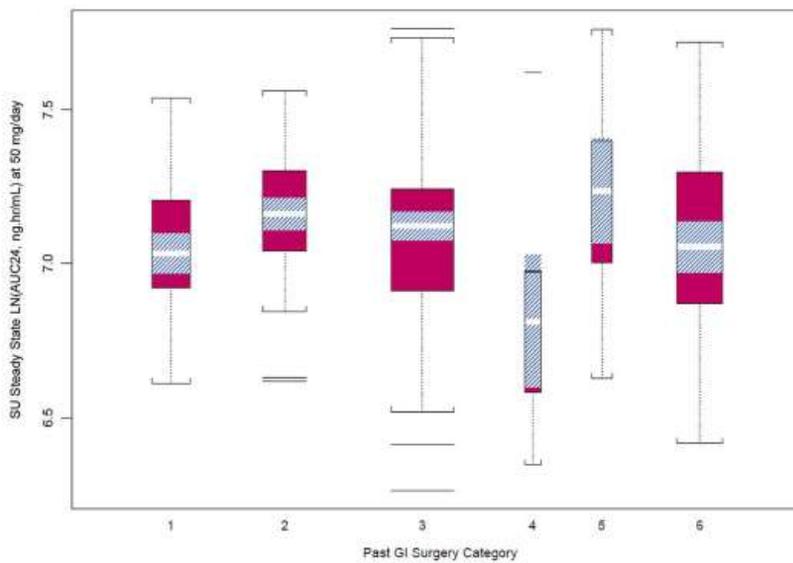
Effect of GI resection on drug exposure

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## Causes for the large variation in pharmacokinetics

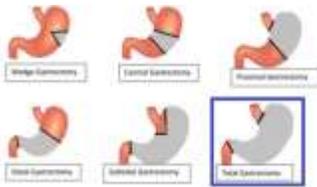


Djoeke de Wit, PharmD, PhD



De Wit et al. BMC Cancer 2014 Aug 8; 14:575

## Causes for the large variation in pharmacokinetics



Effect of GI resection on drug exposure



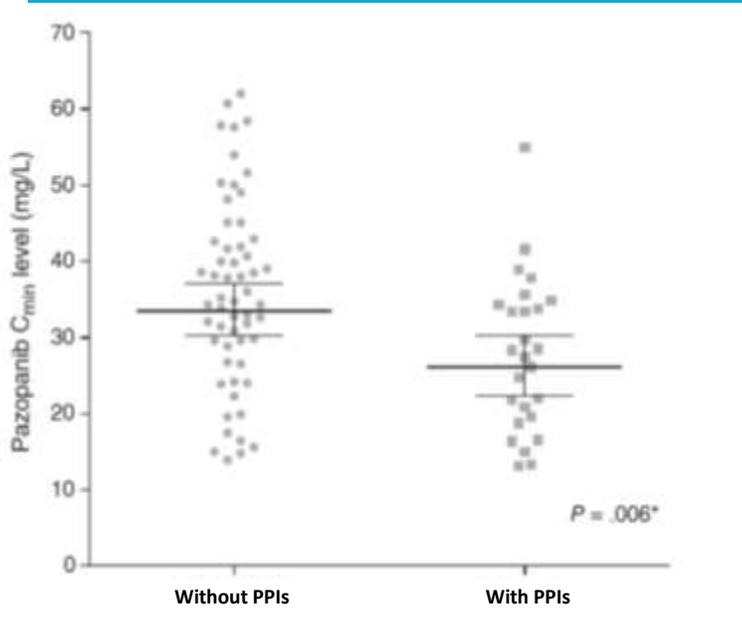
Effect of co-medication on anticancer drug exposure

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## Causes for the large variation in pharmacokinetics



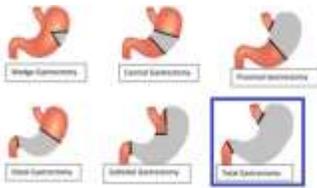
Stefanie Krens



Krens et al. *Int J Cancer* 2021 Jun 1; 148(11): 2799-2806

## Summary:

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**Pharmacological interventions  
to optimize drug exposure**

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## Pharmacological strategies to optimize anticancer drug exposure

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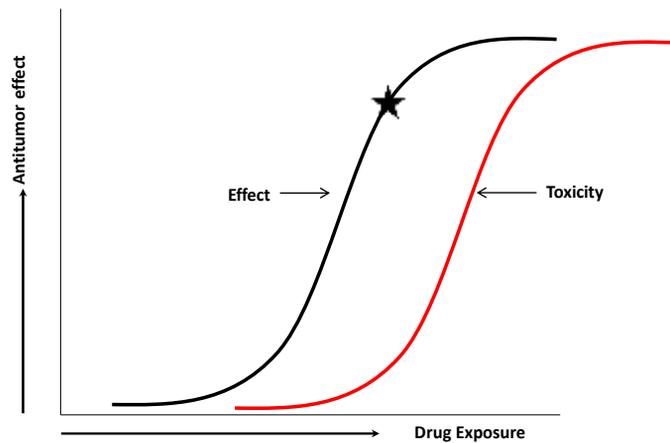
Intake with food to increase drug uptake and reduce GI toxicity

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## A food intervention was used in the DIET & SNACK study

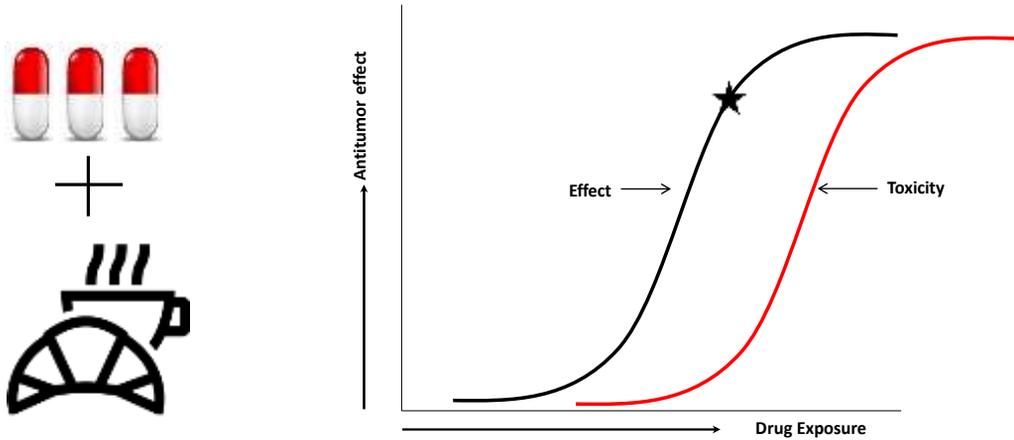
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## Anticancer drug intake with a continental breakfast

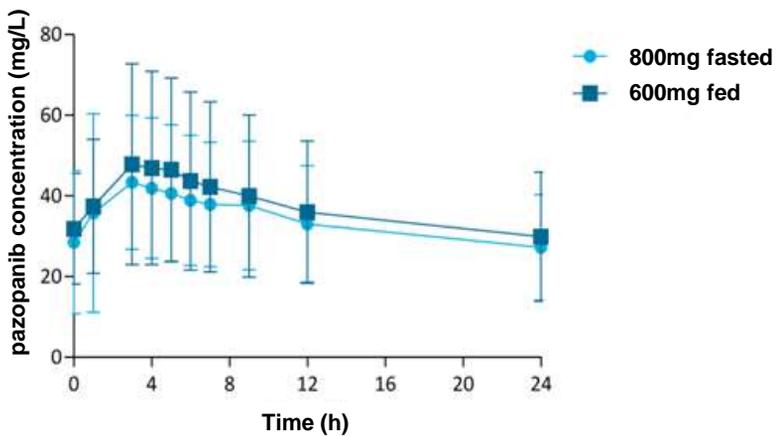


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## Results DIET study

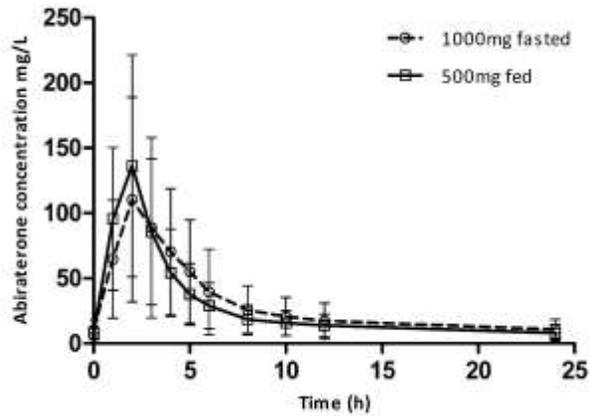


Floor Lubberman, PharmD, PhD



Lubberman et al. *Clin Pharmacol Ther* (2019) Nov; 106(5):1076-1082

## Results SNACK study



Mette Benoist PharmD, PhD

Floor Lubberman PharmD, PhD

Lubberman et al. CCP 2019 Dec; 84(6):1179-1185

## Pharmacological strategies to optimize anticancer drug exposure



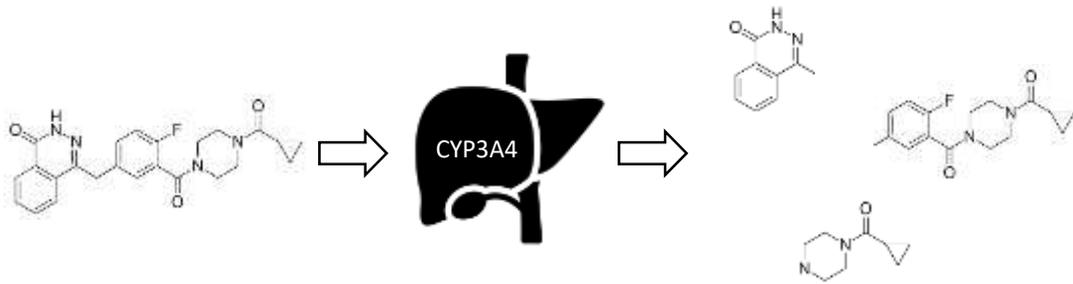
Intake with food to increase drug uptake and reduce GI (and financial) toxicity



Interactions on purpose to reduce interpatient PK variability and reduce (financial) toxicity

## Principle of boosting - “intentional” drug interaction

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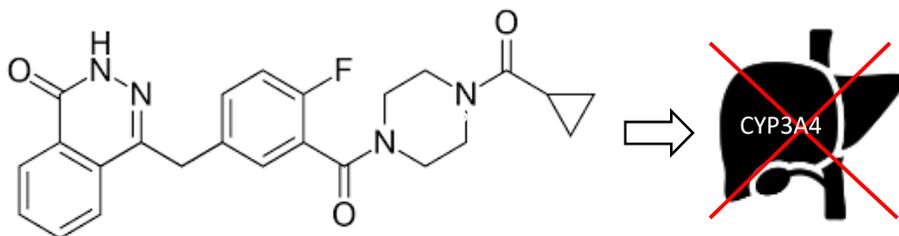


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## Principle of boosting - “intentional” drug interaction

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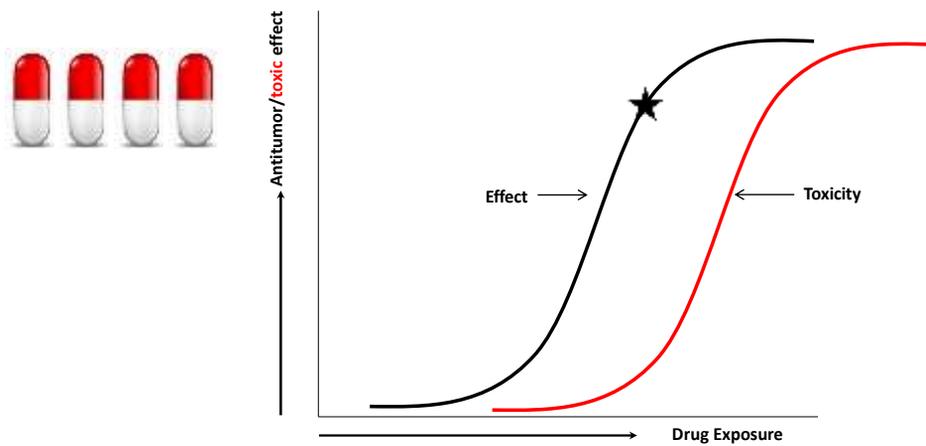
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## PROACTIVE study - uses the effect of boosting (recruiting)



Joanneke Overbeek

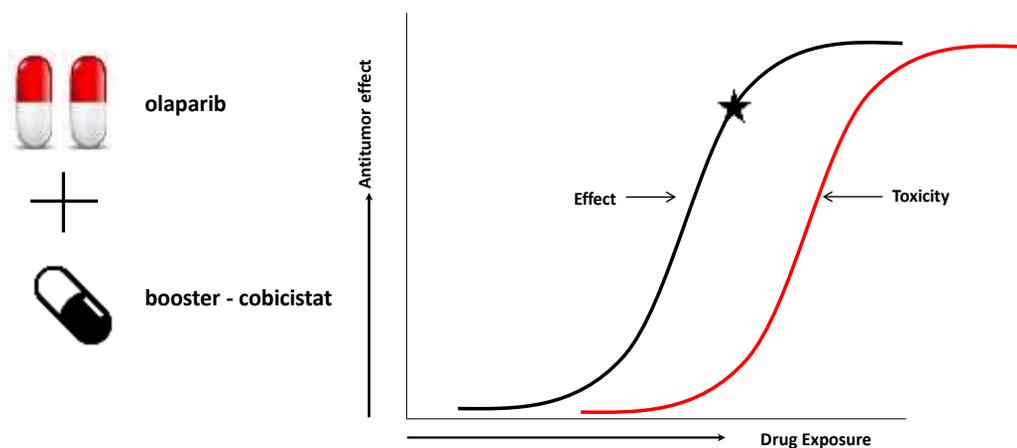


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## PROACTIVE study - uses the effect of boosting (recruiting)



Joanneke Overbeek



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## Aim & hypothesis

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**Aim: Determine equivalence of the boosted olaparib (100mg BID) vs. monotherapy (300mg BID)**

Effect of Itraconazole and Rifampin on the Pharmacokinetics of Olaparib in Patients With Advanced Solid Tumors: Results of Two Phase I Open-Label Studies

Luc Dirix, MD, PhD<sup>1</sup>; Helen Swaisland<sup>2,3</sup>; Henk M.W. Verheul, MD, PhD<sup>1</sup>;

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## GMR - for stating equivalence

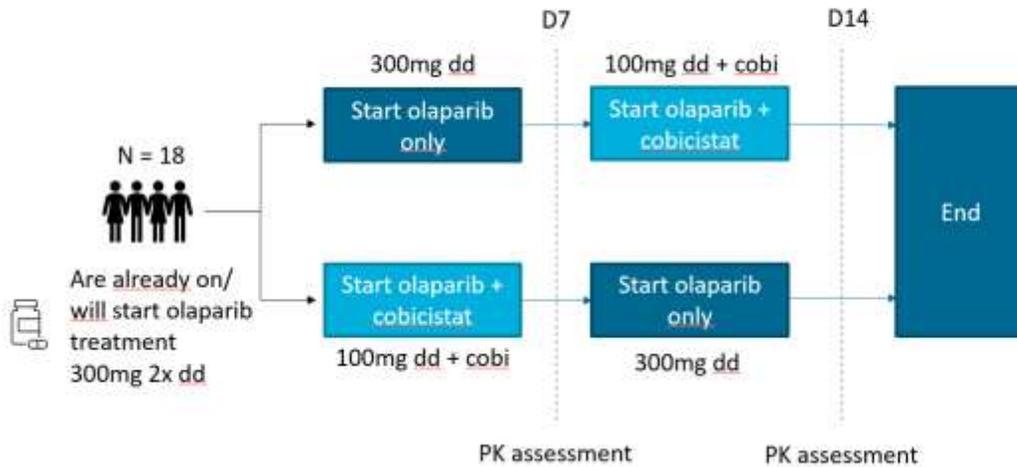
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Parameter	Monotherapy	Boosted	Geometric Mean Ratio
AUC	<i>Geometric mean 1</i>	<i>Geometric mean 2</i>	<i>Ratio GM2:GM1</i>

↓  
between 0.57 - 1.25 = equivalent  
90% CI

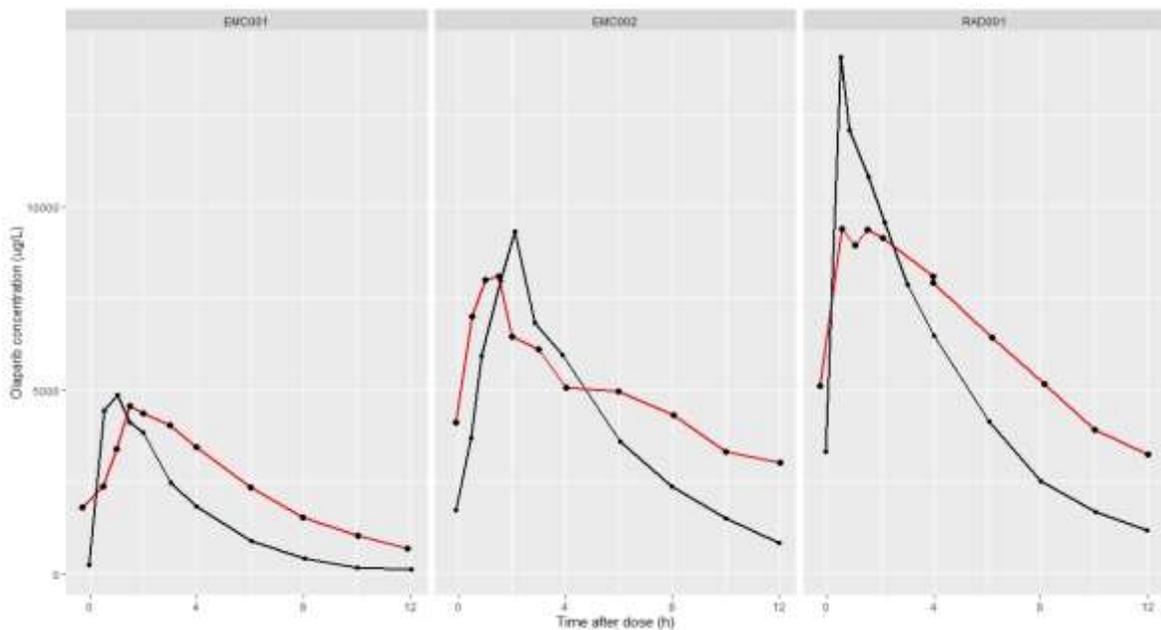
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## Study design



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Red = monotherapy (300mg olaparib)  
 Black = boosted (100mg olaparib + cobicistat)



## Pharmacological strategies to optimize anticancer drug exposure

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Intake with food to increase drug uptake and reduce GI (and financial) toxicity



Interactions on purpose to reduce interpatient PK variability and reduce (financial) toxicity



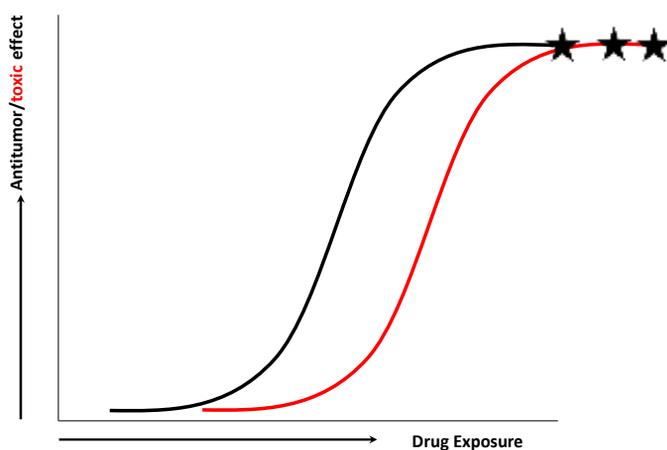
Reduced dose to prevent toxicity while preserving efficacy

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## If NO exposure-effect relation is observed

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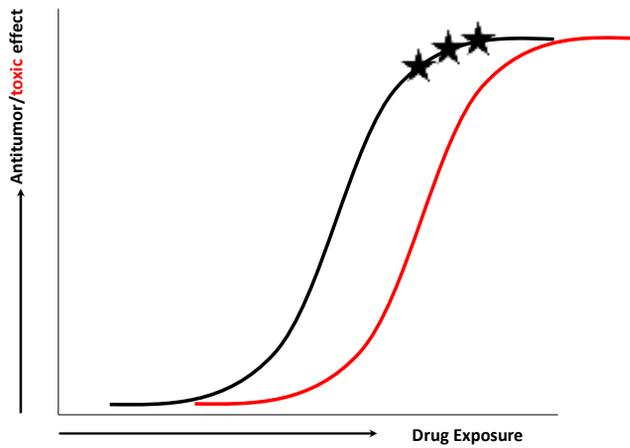
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## REDOSE study: less enzalutamide in frail patients (recruiting)



Emmy Boerrigter

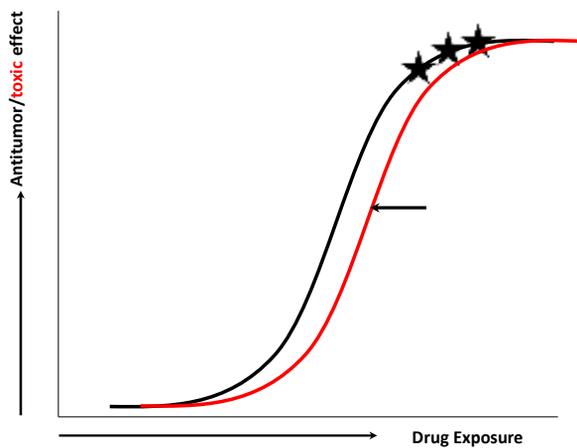


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## REDOSE study: less enzalutamide in frail patients (recruiting)



Emmy Boerrigter



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## Preliminary results

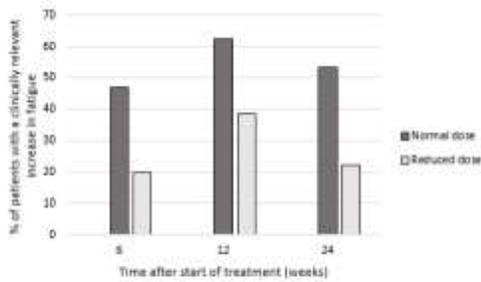


Figure 3: Percentage of patients with a clinically relevant increase in fatigue compared with baseline FACT-F score.

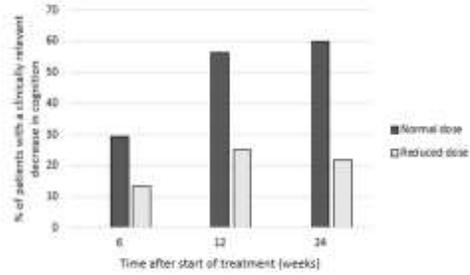


Figure 5: Percentage of patients with a clinically relevant decrease in cognition compared with baseline FACT-Cog score.

Functional Assessment of Chronic Illness Therapy- Fatigue

Functional Assessment of Cancer Therapy – Cognitive Function

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## Preliminary results

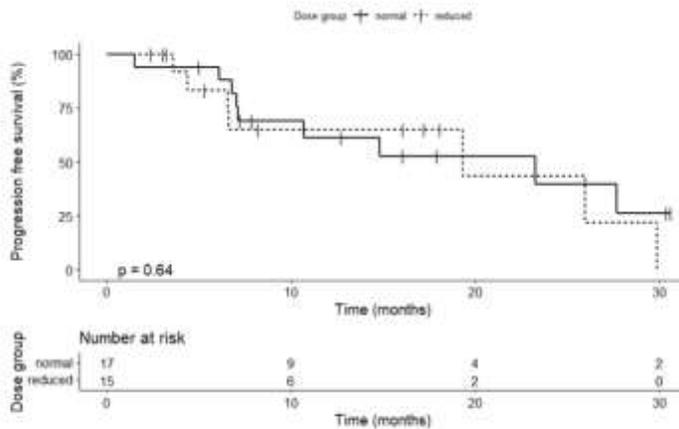


Figure S1: Progression free survival according to dose group of enzalutamide: normal dose vs. reduced dose in patients with metastatic castration resistant prostate cancer.

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## Summary

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Food



Booster



Reduced dose

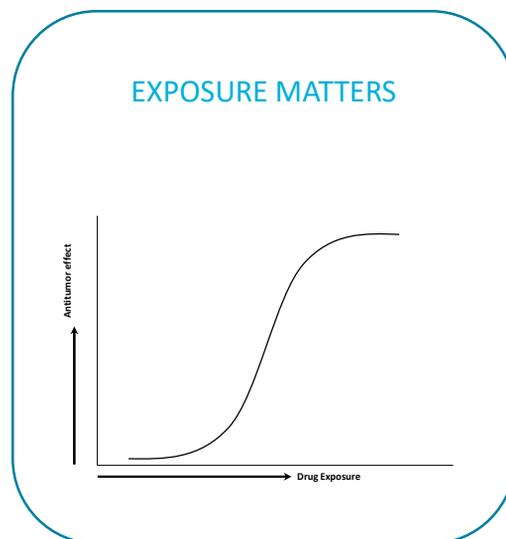


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## Is the optimal dose the same for every patient

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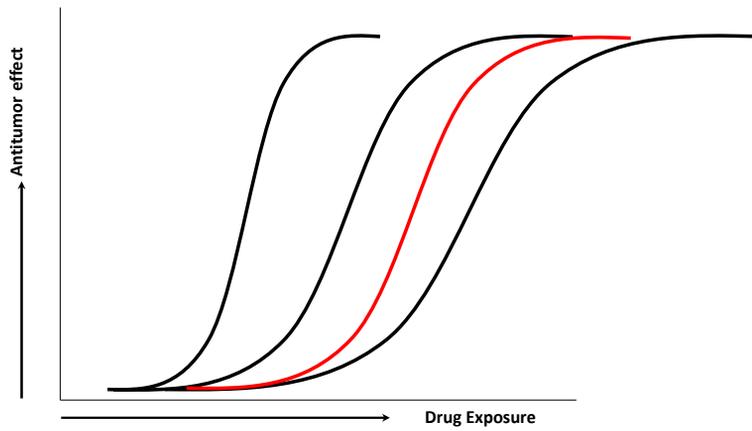


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## Tumor(subtypes) might show differences in drug sensitivity

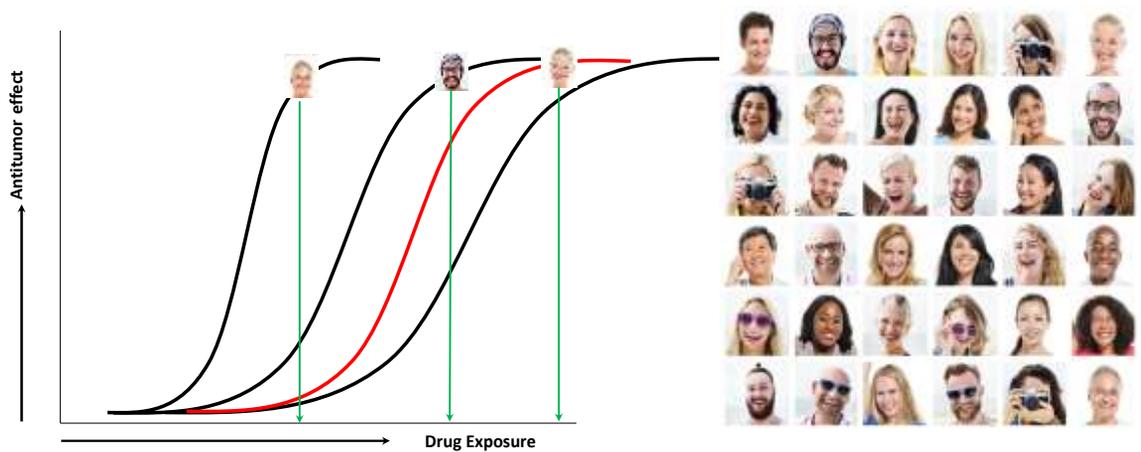


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## Tumor(subtypes) might show differences in drug sensitivity



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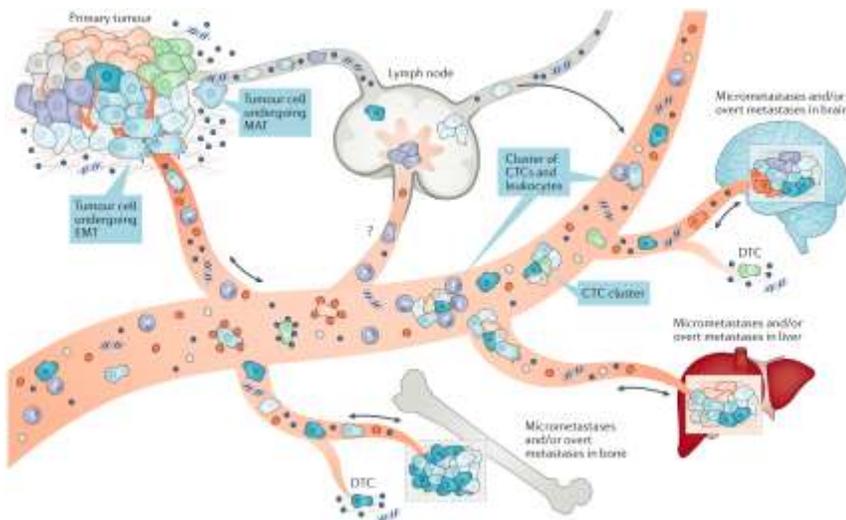
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## But how can we timely observe treatment benefit.....



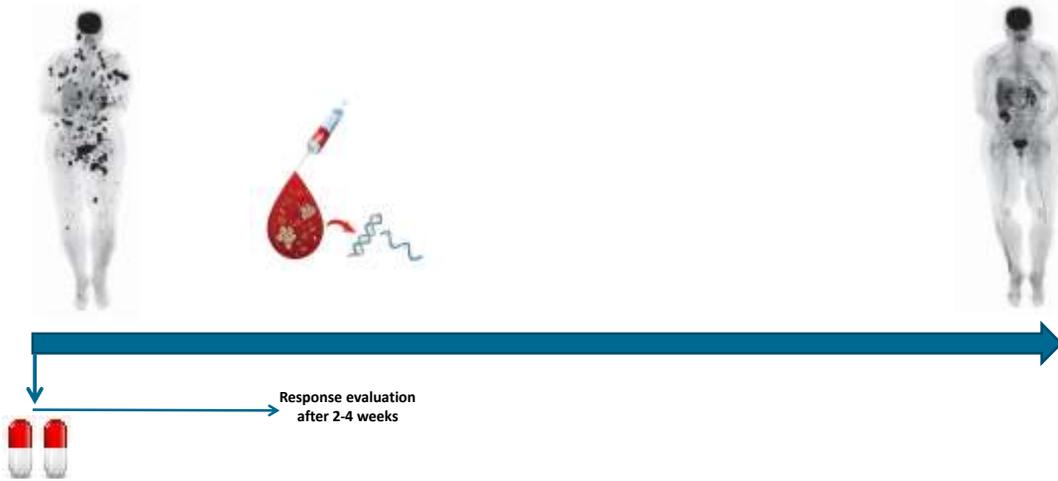
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## By following tumor specific biomarkers.....



Keller et al Nat Rev Cancer 2019 Oct; 19(10):553-567

## Might indicate treatment response shortly after treatment initiation

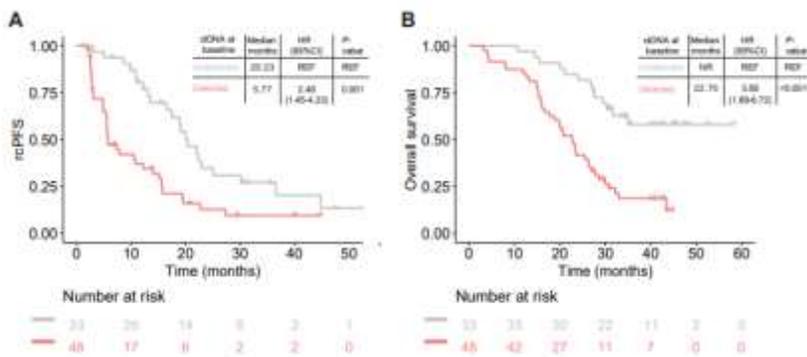


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## Results of the REFINE project



Emmy Boerrigter

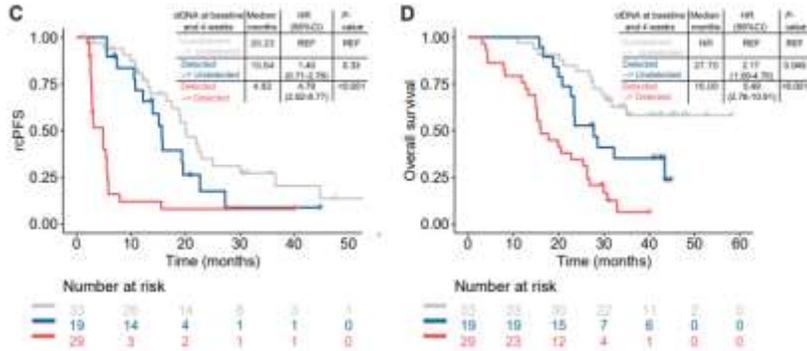


Submitted

## Results of the REFINE project

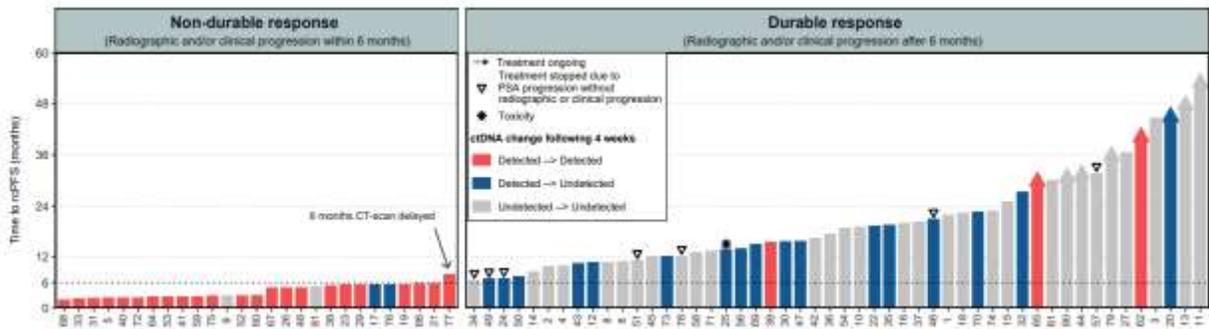


Emmy Boerigter



Submitted

## Results of the REFINE project



Submitted

## Results of the REFINE project

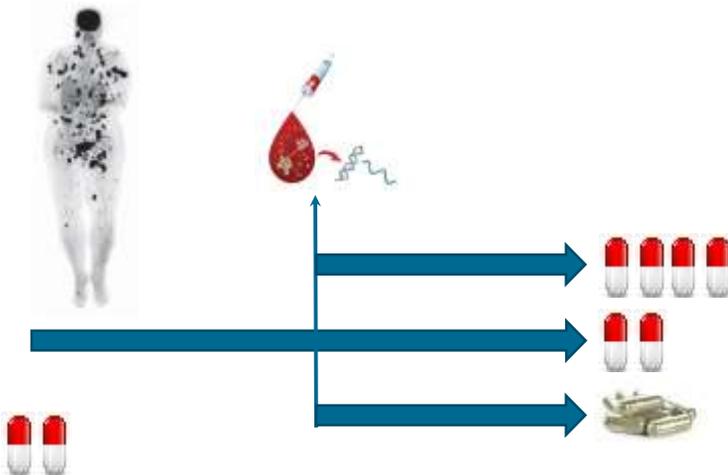
Clinical marker	Subgroup	No. patients	Radiographic/clinical progression free survival					Overall survival				
			Median (months)	Univariate analysis		Multivariate analysis		Median (months)	Univariate analysis		Multivariate analysis	
				HR (95% CI)	P-value	HR (95% CI)	P-value		HR (95% CI)	P-value	HR (95% CI)	P-value
ΔDNA% change following 4 weeks	ND > ND	33	29.23	ref	ref	ref	ref	Not reached	ref	ref	ref	ref
	D = ND	18	15.64	1.4 (0.71-2.76)	0.325	1.16 (0.57-2.33)	0.681	27.7	2.17 (1-4.7)	0.048	1.82 (0.8-4.12)	0.15
	D > D	29	4.82	4.79 (2.62-8.77)	<0.001	4.98 (2.08-11.93)	<0.001	16	5.49 (2.78-10.91)	<0.001	3.69 (1.5-8.06)	0.005
ΔDNA% at baseline	≤median	81	NA	1.04 (1.02-1.05)	<0.001	1.01 (0.99-1.03)	0.229	NA	1.03 (1.02-1.04)	<0.001	1.02 (1-1.04)	0.019
	>median	39	18.85	ref	ref	ref	ref	32.2	ref	ref	ref	ref
PSA (ng/mL)	≤median	42	5.8	2.48 (1.48-4.15)	0.001	2.41 (1.38-4.22)	0.002	21.85	2.2 (1.26-3.82)	0.005	1.87 (0.92-3.63)	0.091
	>median	42	5.8	2.48 (1.48-4.15)	0.001	2.41 (1.38-4.22)	0.002	21.85	2.2 (1.26-3.82)	0.005	1.87 (0.92-3.63)	0.091
LDH (U/L)	≤ULN	53	16.49	ref	ref	ref	ref	27.7	ref	ref	ref	ref
	>ULN	26	5.66	2.47 (1.45-4.21)	0.001	1.61 (0.9-2.89)	0.108	27.2	1.34 (0.76-2.36)	0.319	0.87 (0.36-1.27)	0.225

Submitted

## Results of the REFINE project

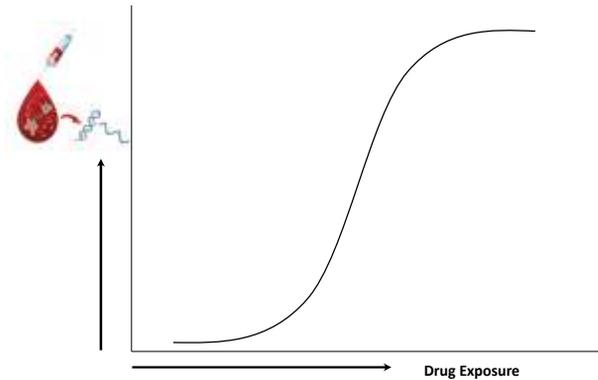


Emmy Boerrigter



## Potentially ctDNA will be our response indicator - to optimize treatment

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## Thanks for your attention



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