



## Therapeutic Drug Monitoring (TDM) of Tyrosine Kinase Inhibitors (TKIs): [REDACTED] [REDACTED] focus on drug-drug interaction (DDI)

Pr. Etienne Chatelut, PharmD, PhD  
Institut Universitaire du Cancer de Toulouse - Oncopole  
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### Conflicts of Interest

none

## Introduction (Plan)

- Almost all TKIs are substrates of cytochromes P450 3A4 (CYP3A4)
- Drug-Drug-Interaction (DDI) is one of the rationale for their TDM
- DDI with clinical impact: those due to either an inhibitor (e.g., antifungal azoles) or inducer (e.g., rifampicin) of their metabolism (CYP3A4 isoenzyme)
- However, this DDI does not impact the same pharmacokinetic (PK) parameter for all TKIs
- Moreover, the extent of this DDI is very different from one TKI to another
- Clinical implications of these differences

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## TDM of imatinib in Chronic Myeloid Leukemia and GIST

Trough imatinib plasma levels are associated with both cytogenetic and molecular responses to standard-dose imatinib in chronic myeloid leukemia

Blood 2007

Stephane Picard,<sup>1,2,3</sup> Karine Tillet,<sup>1,2,3</sup> Gabriel Etienne,<sup>4</sup> Emmanuelle Telnier,<sup>1,2,3</sup> Dominique Ducint,<sup>1,2,3</sup> Marie-Agnes Bernard,<sup>1</sup> Regis Lassalet,<sup>1</sup> Gerald Maet,<sup>2,3,4</sup> Joey Peiffers,<sup>4</sup> Bernard Begaud,<sup>1,2,3</sup> Nicholas Moore,<sup>1,2,3</sup> Mathieu Molinard,<sup>1,2,3</sup> and Francois-Xavier Mahon<sup>2,4,5</sup>

$C_{min,ss}$  and  $AUC_{\tau,ss}$  (plasma drug exposure) are highly correlated

Trough  $C = C_{min,ss}$  for patients all treated by 400 mg/day

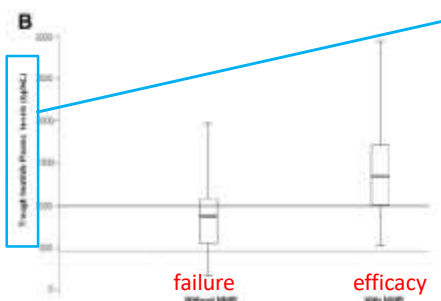
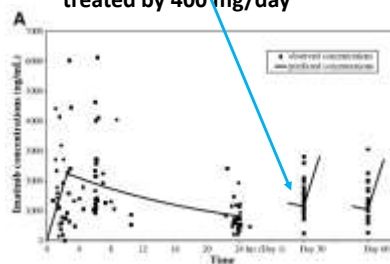
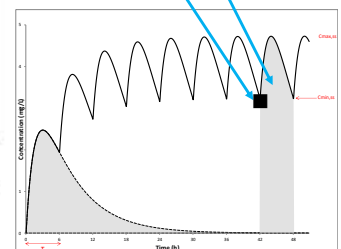


Figure 1. Trough plasma imatinib threshold for major molecular response (MMR). (A) Receiver operating characteristic (ROC) curve analysis. Reprinted



Clin Cancer Res 2006;12(20) October 15, 2006



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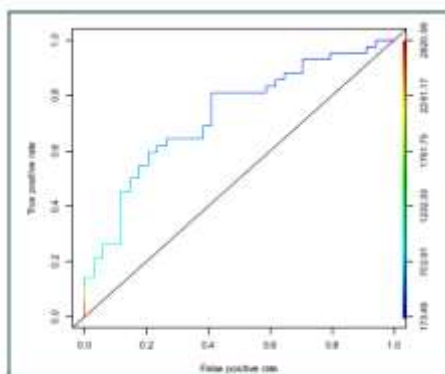
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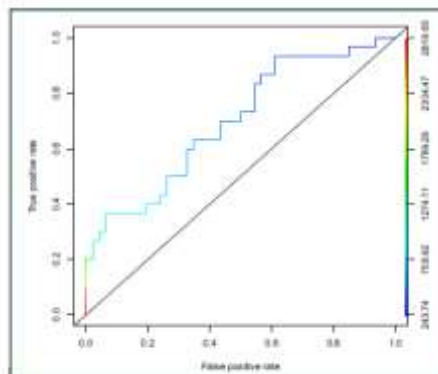
## TDM of cabozantinib in metastatic renal cell carcinoma

L. Cerbone<sup>1,†</sup>, D. Combarel<sup>2,3†</sup>, A. Geraud<sup>3,4</sup>, E. Audlin<sup>5</sup>, S. Foulon<sup>6</sup>, C. Alves Costa Silva<sup>1</sup>, E. Colomba<sup>1</sup>, L. Carril<sup>1</sup>, L. Derosa<sup>1</sup>, R. Fléppot<sup>7</sup>, O. Mir<sup>1</sup>, N. Khoudour<sup>2</sup>, B. Blanchet<sup>7,8</sup>, B. Escudier<sup>1</sup>, A. Pad<sup>2,3</sup> & L. Albiges<sup>1,3,†</sup>

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**Figure 2.** Receiver operating characteristic curve (ROC) for prediction of progression to cabozantinib in mRCC patients, based on the assessment of cabozantinib  $C_{ough}$ . A threshold of 536.0 ng/mL for  $C_{ough}$  had a 64.3% sensitivity and a 73.5% specificity to detect disease progression.



**Figure 3.** Receiver operating characteristic curve (ROC) for prediction of relevant toxicity to cabozantinib in mRCC patients. A threshold of 617.7 ng/mL for  $C_{ough}$  had a 63.3% sensitivity and a 65.3% specificity to detect relevant toxicity (i.e. G3-4 toxicities and G2 toxicities requiring a dose reduction or drug discontinuation).

$C_{min,ss}$ : >536 (efficacy) and <617  $\mu\text{g/L}$  (toxicity)

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CYP3A4 inhibitors and inducers have an impact on TKIs concentrations:  
DDI clinical trials (EMA guidelines) are mandatory

### Guideline on the investigation

#### A) Interaction studies with inhibitors

If cytochrome P450 enzymes are identified pathways of the drug (or in major form metabolites), evaluation of the pharmacokinetics of the drug in the presence of a strong inhibitor is recommended. In the case of concomitant administration of a strong inhibitor, the effect on the pharmacokinetics of the investigational drug should be verified and quantified.

**Table 3** Examples of strong inhibitors of specific enzyme activities in vivo

ENZYME	INHIBITOR
CYP1A2	enoxacin
CYP2B6	ticlopidine
CYP2C8	gemfibrozil
CYP2C9	fluconazole*
CYP2C19	omeprazole*
CYP2D6	quinidine, paroxetine, fluoxetine
CYP3A	itraconazole, ketoconazole, ritonavir, clarithromycin

#### C) Interaction studies with inducers

The effect of enzyme inducers on the pharmacokinetics of the investigational drug also needs consideration. If the drug is eliminated through metabolism mainly catalysed by one or more inducible enzymes, or if elimination is catalysed by CYP3A only to a limited extent, an interaction study with a potent inducer is recommended. This also applies to situations where it may not be excluded that

In studies of the effects of potent inducers on an investigational drug, rifampicin is often chosen

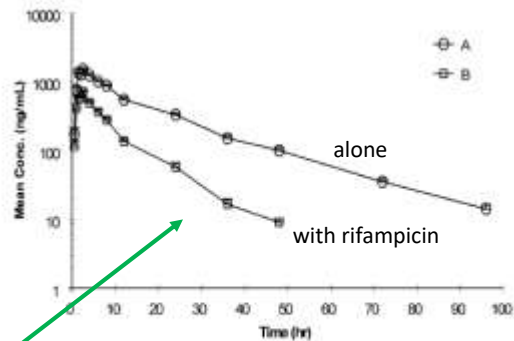
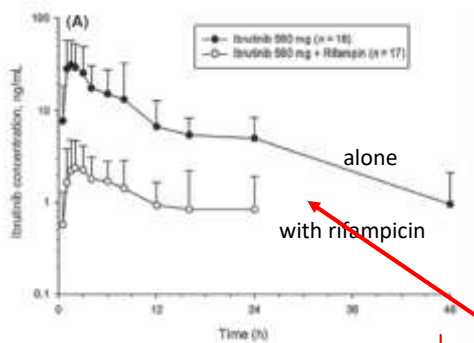
## TKIs as victim of inducers: e.g. Ibrutinib vs. Imatinib

### Log scale !

Decrease of AUC by:  
 $\approx 7$ -fold (ibrut) vs.  $\approx 4$ -fold (imat)

Pharma Res Per, 3(4), 2015,

Cancer Chemother Pharmacol (2004) 53: 102–106



F: oral bioavailability  
 CL: elimination clearance  
 T1/2: elimination half-life

$$AUC = \frac{F \cdot Dose}{CL}$$

$$T1/2 = \frac{0.7 \cdot Vd}{CL}$$

Fig. 1 Mean plasma concentrations of imatinib following oral administration of imatinib alone (A) and combined with rifampicin (B)

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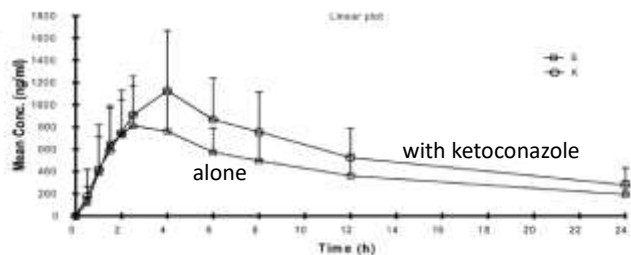
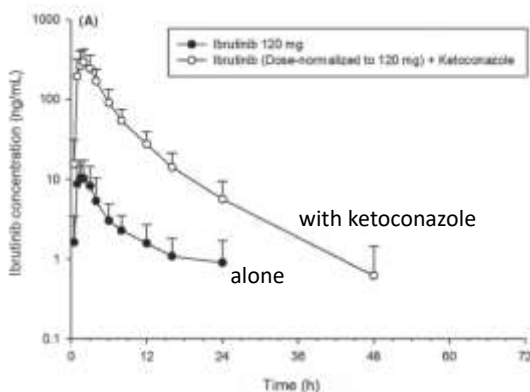


## TKIs as victim of inhibitors: e.g. Ibrutinib vs. Imatinib

Increase of AUC by:  
 = 26.2-fold (ibrutinib) vs. 1.4-fold (imatinib)

Pharma Res Per, 3(4), 2015,

Cancer Chemother Pharmacol (2004) 54: 290–294



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Link between extent of DDI and oral bioavailability:  
lower F is associated with higher DDI

Lower F				Higher F			
drug	Oral F	AUC <sub>ind</sub> /AUC	AUC <sub>inh</sub> /AUC	drug	Oral F	AUC <sub>ind</sub> /AUC	AUC <sub>inh</sub> /AUC
ibrutinib	0.04	0.15	26.20	erlotinib	0.59	0.31	1.69
ceritinib	0.25	0.30	2.90	gefinitib	0.59	0.17	1.58
acalabrutinib	0.25	0.21	4.96	vemurafenib	0.64	0.53	1.31
nilotinib	0.30	0.18	3.11	ponatinib	0.65	0.37	1.66
bosutinib	0.34	0.08	8.15	osimertinib	0.70	0.20	1.26
alectinib	0.37	0.26	1.75	lorlatinib	0.81	0.15	1.42
crizotinib	0.43	0.18	3.16	afatinib	0.92	0.67	1.47
entrectinib	0.50	0.23	6.04	ruxolitinib	0.95	0.30	1.91
axitinib	0.58	0.21	2.06	imatinib	0.98	0.26	1.38
mean	0.34	0.20	6.48	mean	0.76	0.33	1.52



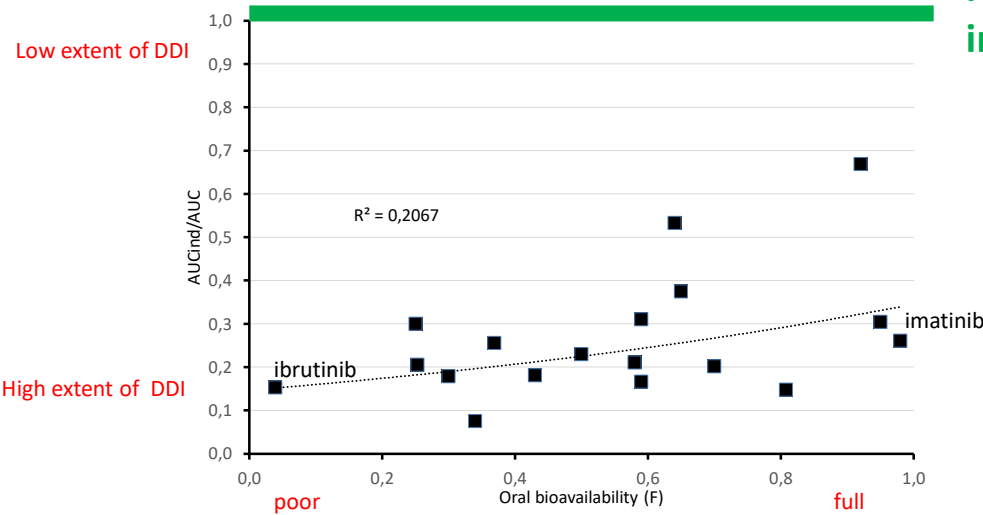
more impact of DDI than for  
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AUC with inducer/AUC alone vs. F

No  
interaction

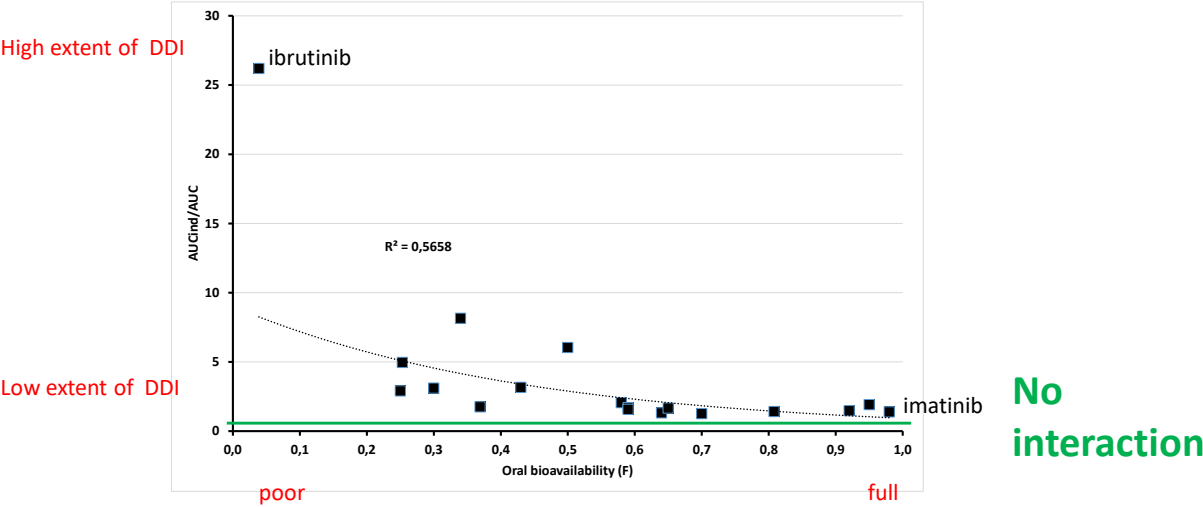


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AUC with inhibitor/AUC alone vs. F

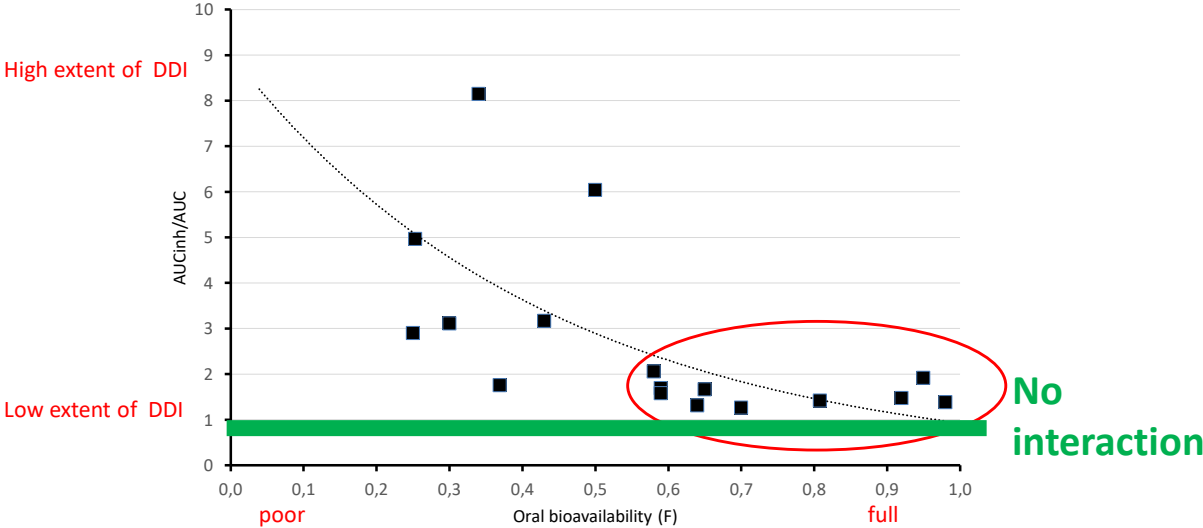


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AUC with inhibitor/AUC alone vs. F

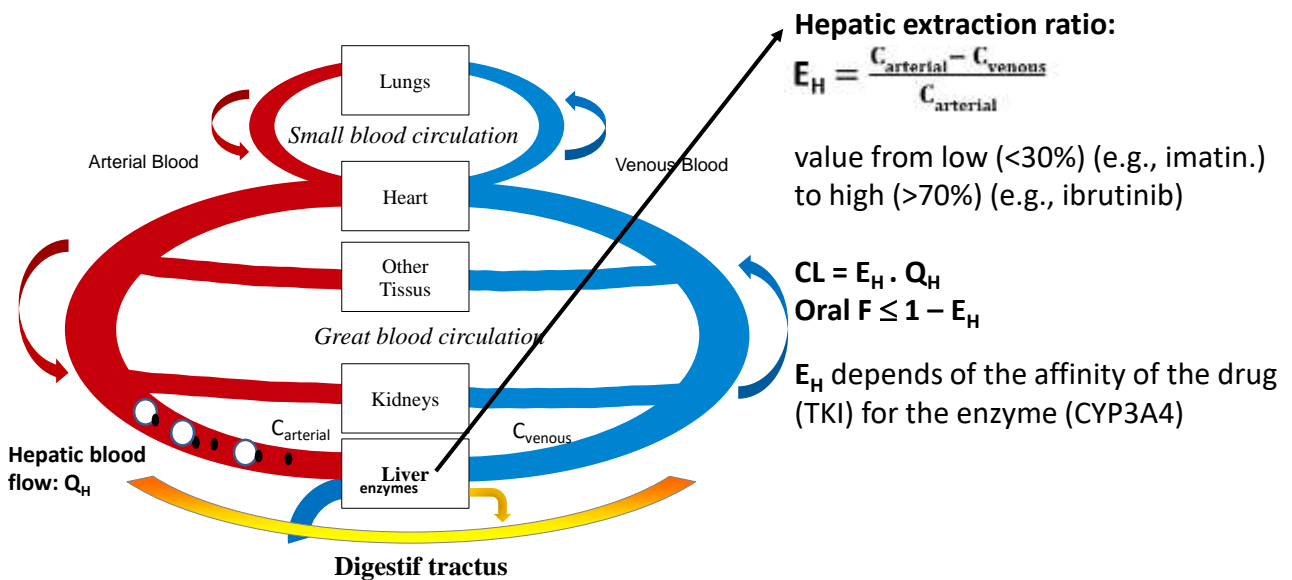


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## DDI due to CYP3A4 induction or inhibition: Why the changed PK parameter (CL or F) depends on F value ?



Change of  $E_H$  due to an inducer  
(increase of the enzyme expression) or  
inhibitor (decrease of activity or affinity)

**Hepatic extraction ratio:**

$$E_H = \frac{C_{\text{arterial}} - C_{\text{venous}}}{C_{\text{arterial}}}$$

value from low (<30%) (e.g., imatinib.)  
to high (>70%) (e.g., ibrutinib)

$$CL = E_H \cdot Q_H$$

$$\text{Oral } F \leq 1 - E_H$$

Low (<30%)  $E_H$  (e.g., imatinib): CL is  
changed

High (>70%)  $E_H$  (e.g., ibrutinib): CL is  
 $\approx$  unchanged ( $\approx$  hepatic blood flow)

But, considering only the hepatic first-pass effect does not explain  
the link:

a higher extent of DDI is associated with poor oral bioavailability

e.g., if rifampicine increases the expression of CYP3A4 by 4-fold:

for TKIs with high F (low  $E_H$ ): CL increases by 4-fold (and F is  $\approx$  unchanged)

for TKIs with low F (high  $E_H$ ): F decreases by 4-fold (and CL is  $\approx$  unchanged)

$$AUC = \frac{F \cdot \text{Dose}}{CL}$$

Should be associated with a  
decrease of AUC by 4-fold for  
both drugs



## Link between F and the **extent** of the DDI: two hypotheses

### Hypothesis 1: *“other enzymes are involved or not”*

- TKIs with high  $E_H$  (and then low F) has a strongest affinity for CYP3A4 than those with low  $E_H$  (high F)  $\Rightarrow$  those with low  $E_H$  are metabolised **by other enzymes not (or less) affected** by inducers/inhibitors  
e.g., ibrutinib (mainly CYP3A4) vs. erlotinib (both CYP3A4 and CYP1A2)

drug	Oral F	AUC <sub>ind</sub> /AUC	AUC <sub>inh</sub> /AUC
ibrutinib	0.04	0.15	26.20

drug	Oral F	AUC <sub>ind</sub> /AUC	AUC <sub>inh</sub> /AUC
erlotinib	0.59	0.31	1.69

... but, imatinib (mainly CYP3A4)

drug	Oral F	AUC <sub>ind</sub> /AUC	AUC <sub>inh</sub> /AUC
imatinib	0.98	0.26	1.38

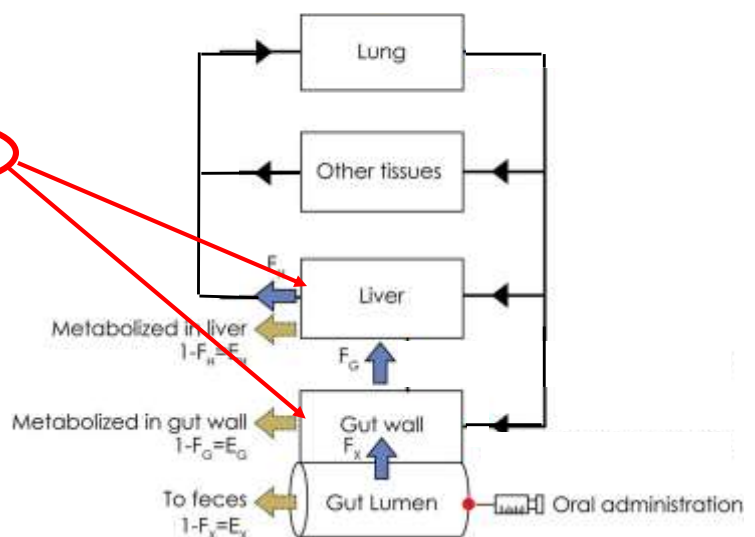
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### 2<sup>nd</sup> hypothesis : *« there is also an intestinal first-pass effect or not »*

- TKIs with high  $E_H$  have (also) a significant **intestinal first-pass metabolism** ( $E_G$ ) since CYP3A4 is also expressed in the enterocyte
- Their enteric extraction ratio ( $E_G$ ) is also affected by inducers/inhibitors
- This additional site of DDI is associated with a higher extent of DDI (e.g., ibrutinib)



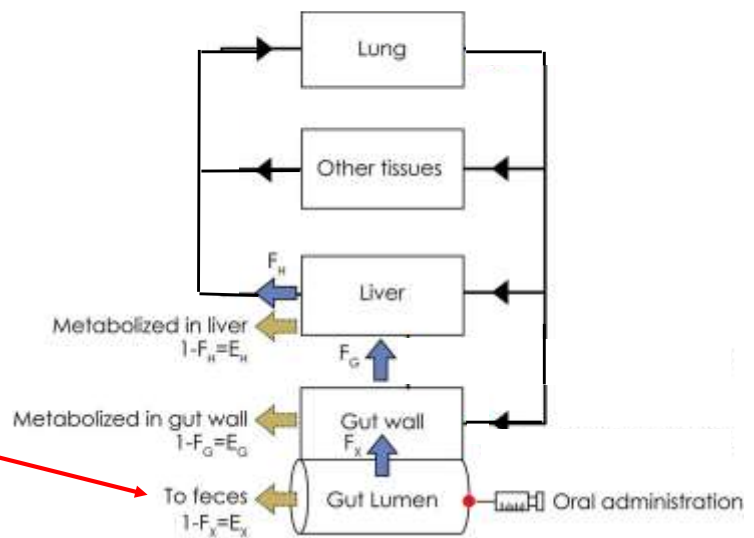
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2<sup>nd</sup> hypothesis

Other TKIs with a significant loss in digestive tractus (e.g., pazopanib): low F due to poor solubility



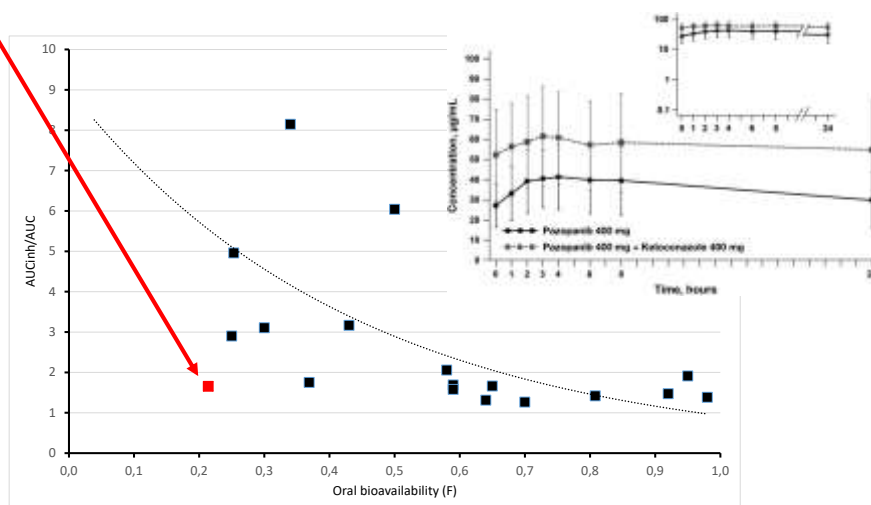
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**Pazopanib**: low oral bioavailability (F) due to poor solubility in digestive tractus

Clinical trial: DDI with CYP3A4 inhibitor (ketoconazole)



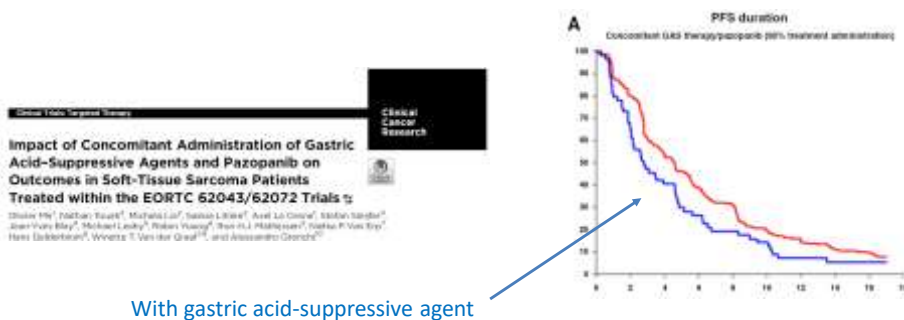
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**Pazopanib**: low oral bioavailability (F) due to poor solubility in digestive tractus

- Food effect: higher F with meal vs. fasted condition
- DDI with gastric acid-suppressive agents (e.g., Proton Pump Inhibitors)



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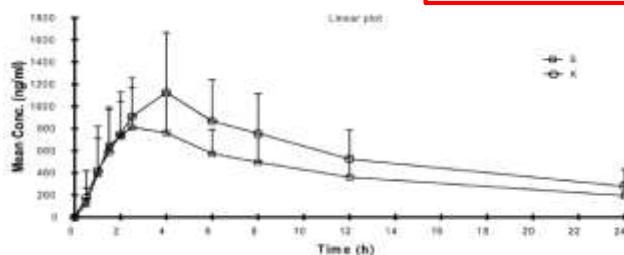
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## Clinical implications (conclusion 1/2)

- Understanding the mechanism of DDI allows pharmacists to anticipate the extent of the interaction, and the final recommendation (contra-indication vs. change of dose)
- Interindividual variability of the extent of DDI justifying Therapeutic Drug Monitoring (TDM) of TKIs: e.g.,

Increase of AUC by  $\approx 1.4$ -fold (imatinib) in average



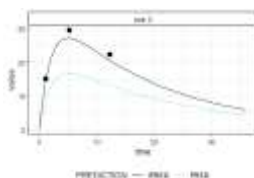
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## Clinical implications f/u (conclusion 2/2)

- TDM by on Bayesian analysis:  $C_{\min,ss}$  or limiting sampling strategy to estimate whole exposure ( $AUC_{\tau,ss}$ )



*CPT Pharmacometrics Syst Pharmacol.* 2021;10:1208–1220.

An open-source R package for maximum a posteriori Bayesian estimation of pharmacokinetic parameters: mapbayr

Félicien Le Louedec et al



### choice of the “structural” PK model:

CL affected by DDI perpetrator vs. F affected by DDI perpetrator ; is it an issue ?

- Another DDI issue: **DDI and binding of TKI to plasma protein** (albumin,  $\alpha$ 1-glycoprotein acid): no clinical implications (unchanged unbound C,  $C_u$ ) but should be taken into account with TDM (increased unbound fraction,  $f_u$ ) : low total concentration (C), but optimal  $C_u$