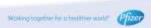


#### Symposium objectives

- Provide an overview of current perspectives on antibacterial and antifungal stewardship
- Highlight areas where stewardship initiatives could be implemented or improved to ensure antimicrobial therapies are used appropriately
- Discuss the implications of responsible antimicrobial use in terms of cost-effectiveness and preservation of existing antimicrobial therapies



#### **Agenda**

Chairperson: Hayley Wickens (UK)

15:00	Welcome and introduction Hayley Wickens (UK)
15:00–15:20	The role of the pharmacist in antimicrobial stewardship programmes: UK point of view Hayley Wickens
15:20–15:40	The pharmacist's role in antimicrobial stewardship in Spain Jordi Nicolás (Spain)
15:40–16:00	Antifungal stewardship, where are we today? Patricia Muñoz (Spain)
16:00–16:20	Antimicrobial stewardship, an infectious disease specialist's view Matteo Bassetti (Italy)
16:20–16:30	Panel Q&A All, chaired by Hayley Wickens



#### **Questions**



- Questions will be taken during the Q&A session after the final presentation
- Please use a question card (located in the back of your programme booklet) or raise your hand for a microphone



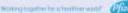


#### Housekeeping

 Please ensure all mobile phones are switched to silent



PP-TYG-EUR-0020. Date of prepa





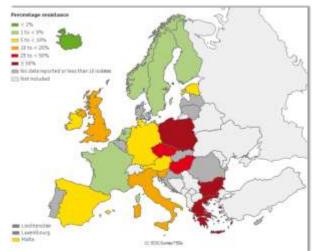
# The role of the pharmacist in antimicrobial stewardship programmes: UK point of view

Dr. Hayley Wickens PhD FFRPS Consultant Pharmacist, Anti-infectives University Hospital Southampton NHSFT

#### **Disclosures**

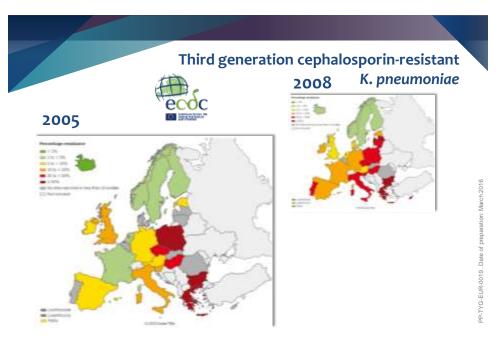
HW has received funding, honoraria and/or travel expenses for lectures, conference attendance or consultancy from a number of pharmaceutical companies and other organisations including Astellas, AstraZeneca, Basilea, Cubist, Forest, GSK, MSD, Novartis, Pfizer, Quintiles, Roche, Wyeth, UK Clinical Pharmacy Association and British Society for Antimicrobial Chemotherapy.

#### Third generation cephalosporinresistant K. pneumoniae (2005)

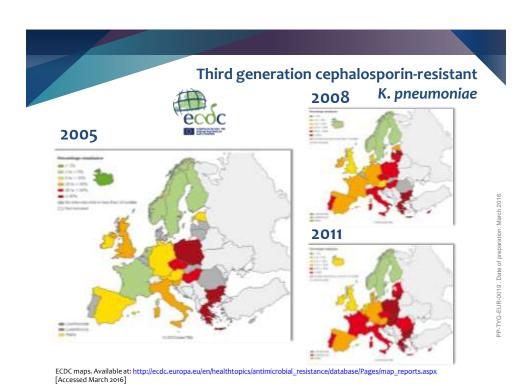


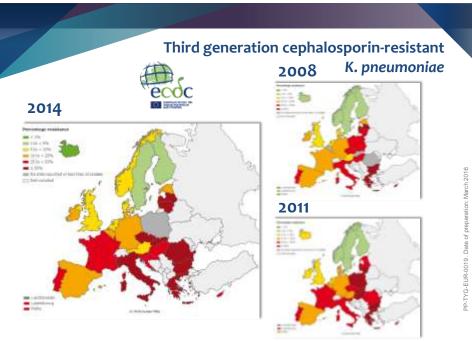


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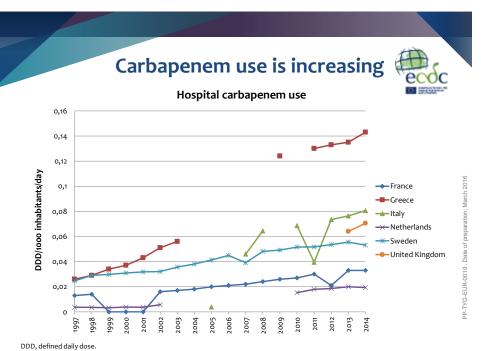


ECDC maps. Available at: http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/database/Pages/map\_reports.aspx [Accessed March 2016]

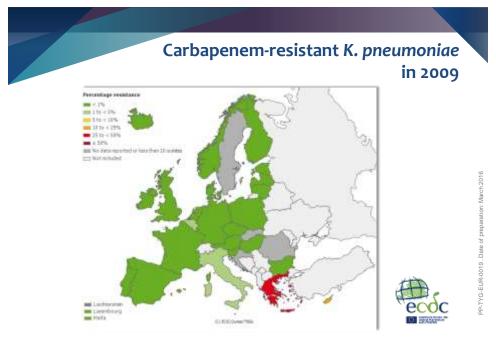




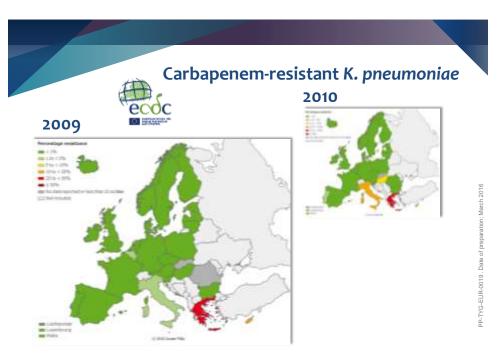
ECDC maps. Available at: http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/database/Pages/map\_reports.aspx [Accessed March 2016]



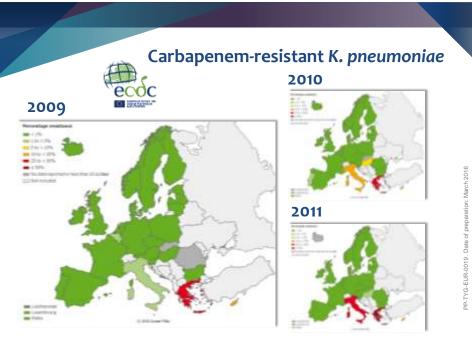
ECDC, antibiotic consumption. Available at: http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/esac-net-database/Pages/trend-consumption-by-country.aspx [Accessed March 2016].



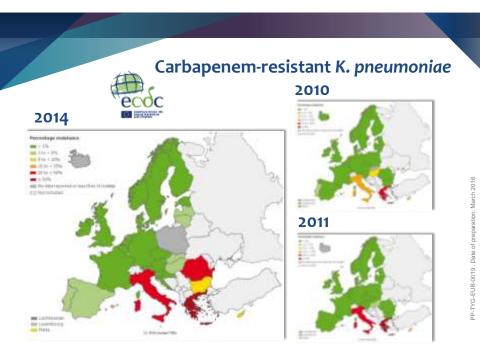
ECDC maps. Available at: http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/database/Pages/map\_reports.aspx [Accessed March 2016]



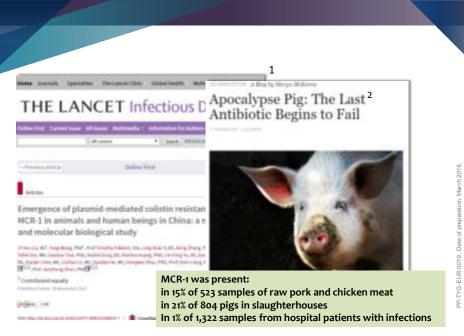
 $ECDC\ maps.\ Available\ at:\ http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/database/Pages/map\_reports.aspx\\ [Accessed\ March 2016]$ 



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 $ECDC\ maps.\ Available\ at:\ http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/database/Pages/map\_reports.aspx\\ [Accessed\ March 2016]$ 



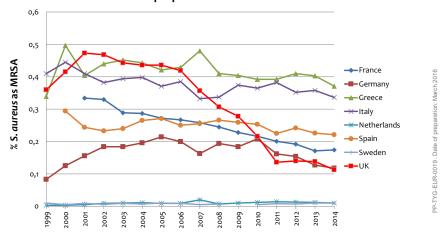
1. Liu Y, et al. Lancet Infect Dis. 2015;16(2):161–8. 2. National Geographic; Apocalypse pig. Available at: http://phenomena.nationalgeographic.com/2015/11/21/mcr-gene-colistin/[Accessed March 2016]



Thomas C, et al. Int J Antimicrob Ag. 2013;42(6):531-36.

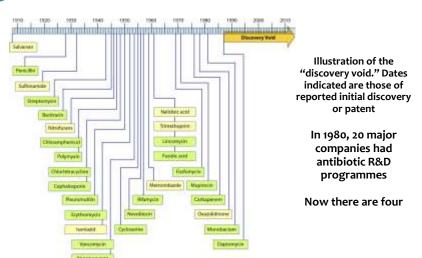


MRSA as a proportion of S. aureus isolates



ECDC tables. Available at: http://ecdc.europa.eu/en/healthtopics/antimicrobial\_resistance/database/Pages/table\_reports.aspx [Accessed March 2016].

#### The antibiotic pipeline dries up...



Silver LL. Clin Microbiol Rev. 2011;24:71-109

#### All antibiotic use drives resistance

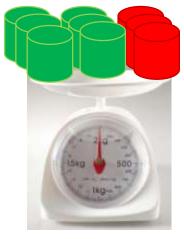
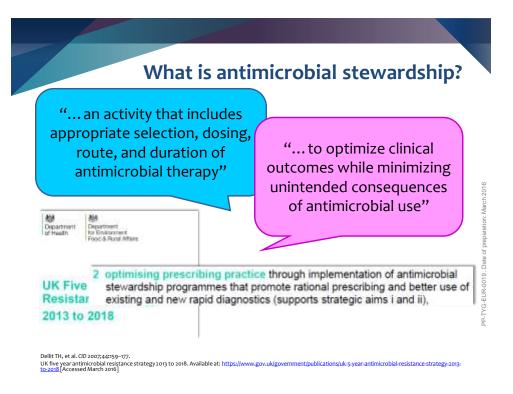


Image source: https://commons.wikimedia.org/wiki/File:Kitchen\_scale\_20101110.jpg

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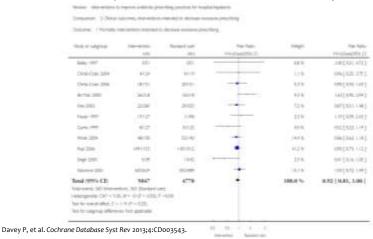
#### **ANTIMICROBIAL STEWARDSHIP**





### A win-win: stewardship interventions can reduce antibiotic prescribing without harming patients

Clinical outcomes, interventions intended to decrease excessive prescribing Mortality, interventions intended to decrease excessive prescribing



Key components of an antimicrobial stewardship programme

#### RESOURCE

Personnel time for stewardship activities, education and monitoring antimicrobial use

#### MULTIDISCIPLINARY TEAM

Core: ID doctor,
microbiologist, infection
pharmacist

+/- IPC nurses, risk management, quality improvement, clinicians, data scientist

#### GOVERNANCE AND ACCOUNTABILITY

Embedded within clinical governance / quality structures

Clear lines of accountability, interaction with Drugs Committee, Infection

ID, infectious diseases; IPC, infection prevention and control.

Practical guide to antimicrobial stewardship in hospitals. Available at: http://bsac.org.uk/wp-content/uploads/2013/07/Stewardship-Booklet-Practical-Guide-to-Antimicrobial-Stewardship-in-Hospitals.pdf [Accessed March 2016]

### Developing the English antimicrobial pharmacy workforce

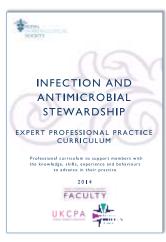
- Department of Health Hospital Pharmacy Initiative
  - £12M pump-prime funding
  - Available 2003-06
  - Non-recurring
- 63% employed new staff
- 23% expanded current roles
- 106 antibiotic pharmacy posts created
  - 50 on fixed-term contracts

- Specialist roles (2011 survey)
  - 187 in 120 organisations(↑ from 141/125 in 2005)
  - Consultant grade pharmacist roles now available
  - Independent prescribing
- MSc Infection
   Management for
   Pharmacists
   (Imperial College London)

PP-TYG-EUR-0019. Date of preparation: March 2016

Wickens HJ, Jacklin A. J Antimicrob Chemother 2006;58(6):1230-7 Wickens HJ et al. J Antimicrob Chemother 2013;68(11):2675-81

## Competency framework for infection specialist pharmacists



- Developed by the UK Clinical Pharmacy Association Pharmacy Infection Network
- Endorsed by the Royal Pharmaceutical Society
- For training, competency assessment and revalidation of specialist infection pharmacists

PP-TYG-EUR-0019. Date of preparation: March 201

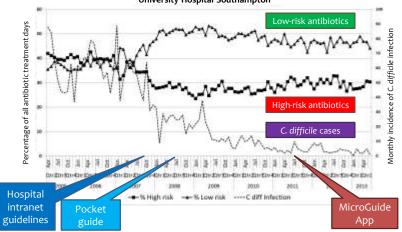
Royal Pharmaceutical Society. http://bsac.org.uk/wp-content/uploads/2014/to/Professional-Curriculum-Infection-and-Antimicrobial-Stewardship.pdf [Accessed March 2016]; Sneddon J, Gilchrist M, Wickens H. J Antimicrob Chemother 2015;70(5):1277–80

# STEWARDSHIP IN ACTION – PHARMACIST-LED PROJECTS AT UHS

UHS, University Hospital Southampton.

### Outcomes: Campaign to promote 'low-risk' antibiotics in hospital

Trends in prescribing of high-risk and low-risk antibiotics versus Clostridium difficile incidence in University Hospital Southampton



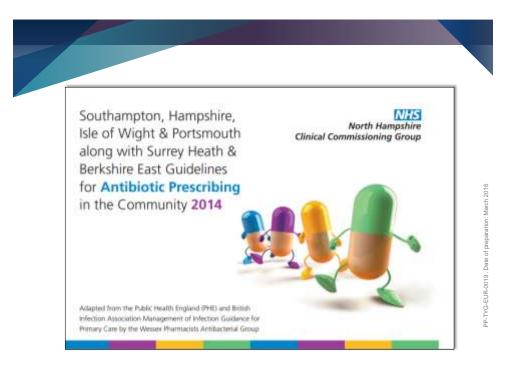
Wickens H. Personal communication. 2016

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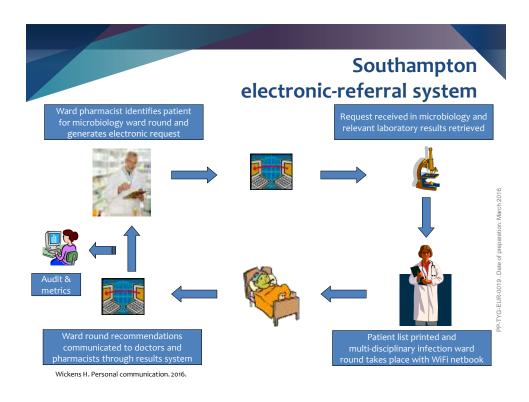
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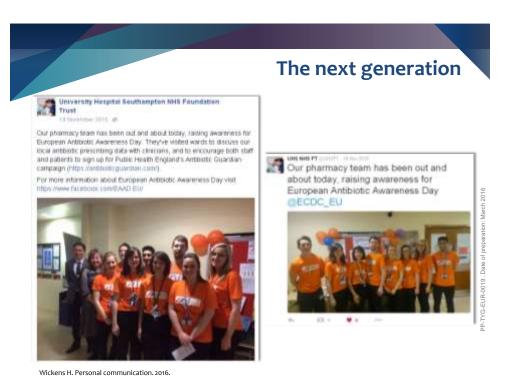


 $MicroGuide. Available \ at: \ \underline{https://itunes.apple.com/gb/app/microguide/id447171786?mt=8} \ [Accessed \ March 2016]$ 



 $NHS.\ Antibiotic prescribing\ in\ the\ community\ 2014.\ \underline{http://www.nhsantibioticguidelines.org.uk/} \left[Accessed\ March\ 2016\right]$ 





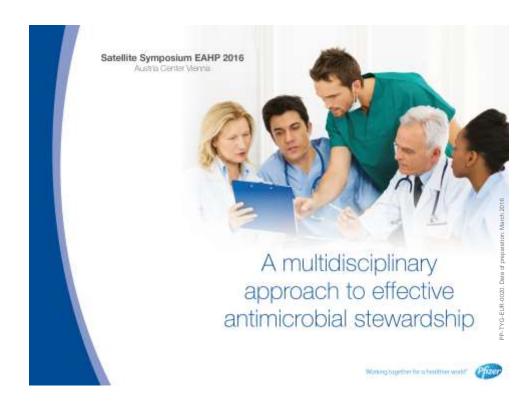
#### **Summary**

- Evolution in action the rise of antimicrobial resistance
- What is antimicrobial stewardship?
- Examples of stewardship projects led by pharmacists in the UK

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#### Acknowledgements

- Dr. Kieran Hand, UHS
- Horizon Strategic Partners
- UHS Antimicrobial Stewardship Team



### A multidisciplinary approach to effective antimicrobial stewardship

The pharmacist's role in antimicrobial stewardship in Spain



Dr. Jordi Nicolás Picó Servei de Farmàcia Hospital Universitari Mútua de Terrassa





#### Financial disclosures

- As speaker
  - MSD, Pfizer
- As consultant
  - Gilead, MSD, Abbvie
- Research grants
  - MSD









#### Summary

- Resistance in Europe and in Spain
- · Antimicrobial stewardship programmes in Spain
- The pharmacist's role in antimicrobial stewardship in Spain







### SMARTNEWS Keeping you current

# Superbugs Could Become a Top Cause of Death by 2050

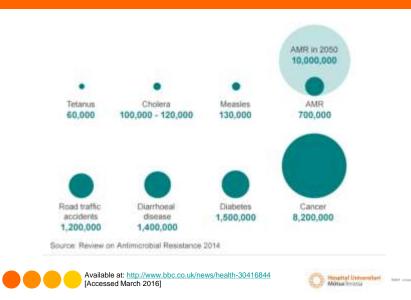
If left unchecked, antibiotic-resistant bacteria could kill more people than cancer by 2050



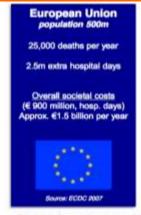
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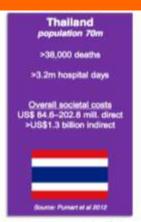
Available at: http://www.bbc.co.uk/news/health-30416844 [Accessed March 2016]

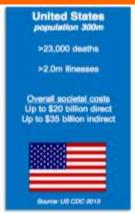
Deaths attributable to antimicrobial resistance every year compared to other major causes of death



#### Estimates of burden of resistance







Global information is insufficient to show complete disease burden impact and costs

1. WHO (2014) Antimicrobial resistance. Global report on Surveillance. Ávailable at: www.who.int/drugresistance/documents/surveillancereport/en/

[Accessed February 2016]; 2. WHO (2014) Antimicrobial resistance slide set. Available at: www.who.int/drugresistance/documents/AMR\_report\_Web\_slide \_set.pdf [Accessed February 2016]





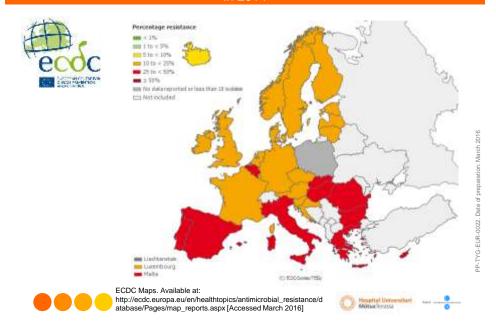
PP-TYG-EUR-0022. Date of preparation: March 2016

#### Escherichia coli

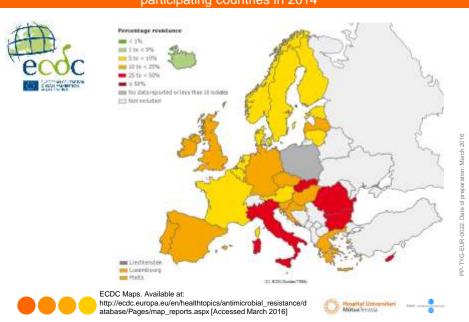




#### Proportion of fluoroquinolone-resistant *E. coli* isolates in participating countries in 2014



#### Proportion of third generation cephalosporin-resistant *E. coli* isolates in participating countries in 2014



#### Staphylococcus aureus

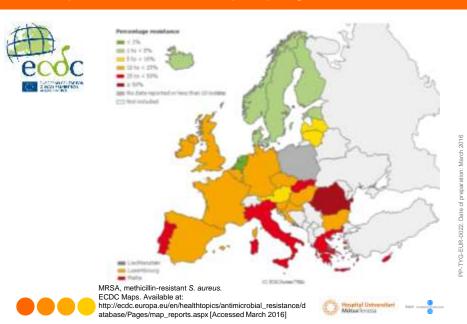
PP-TYG-EUR-0022. Date of preparation: March 2016







#### Proportion of MRSA isolates in participating countries in 2014



#### Klebsiella pneumoniae

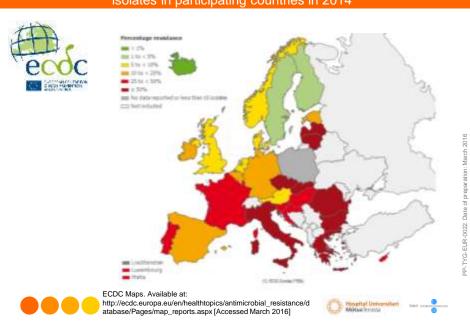
PP-TYG-EUR-0022. Date of preparation: March 2016



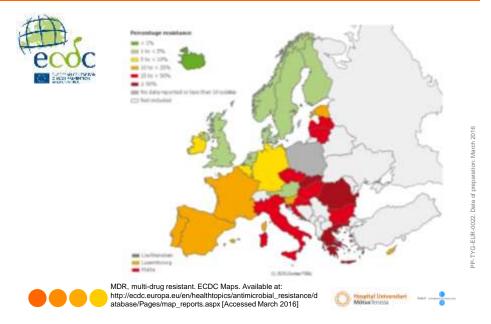




#### Proportion of third generation cephalosporin-resistant *Klebsiella pneumoniae* isolates in participating countries in 2014



MDR *K. pneumoniae* isolates in participating countries in 2014 (Resistant to third generation cephalosporins, fluoroquinolones and aminoglycosides)



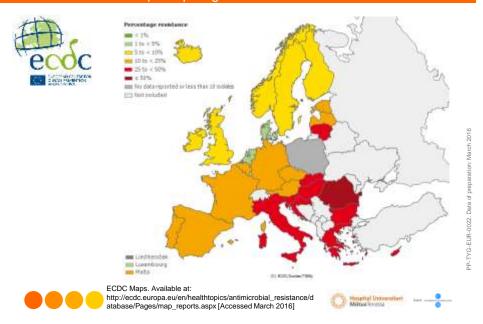
#### Pseudomonas aeruginosa



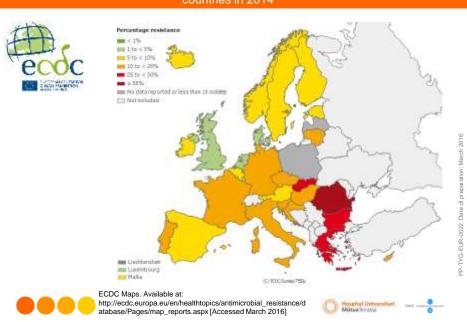




#### Proportion of carbapenem-resistant *Pseudomonas aeruginosa* isolates in participating countries in 2014



#### Proportion of ceftazidime-resistant *Pseudomonas aeruginosa* isolates in participating countries in 2014











#### WHO Health Day 2011

The World Health Organization's policy package to combat antimicrobial resistance

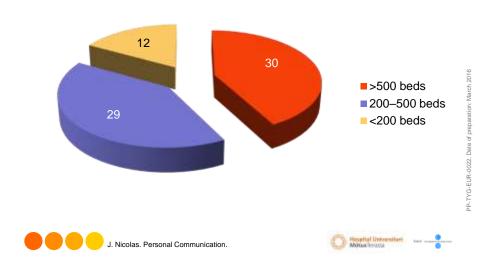
- Commit to a comprehensive, financed national plan with accountability and civil society engagement
- Strengthen surveillance and laboratory capacity
- Ensure uninterrupted access to essential medicines of assured quality
- Regulate and promote rational use of medicines, including animal husbandry, and ensure proper patient care
- Enhance infection prevention and control
- Foster innovations and research and development for new tools

Available at: http://www.reactgroup.org/uploads/publications/other-publications/WHO-Policy-Package-to-Combat-Antimicrobial-Resistance.pdf/[Accessed March 2016]

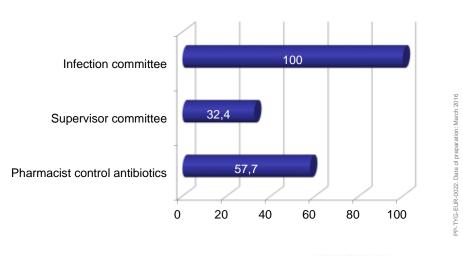
#### AMS survey in Spain



#### Hospitals

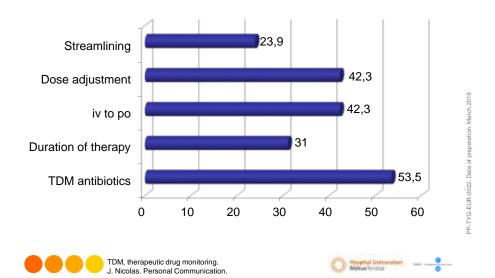


# Basic structure





#### Antimicrobial stewardship activities



#### Antimicrobials related to AMS

- Antibiotics for Gram-positive resistant organisms
- Antibiotics for Gram-negative resistant organisms
- Some control of antifungal agents









### Self-assessment of patterns of antibiotic use in a university hospital

- Antibiotic de-escalation was recognized as usual practice in 20%
- Treatment duration was adjusted in 45%
- Antibiotic dose was adjusted according to site of infection and underlying conditions in 65%
- Antibiotic was chosen according to hospital guidelines in 42%



Gomez J, et al. Enferm Infecc Microbiol Clin. 2014;32(8):507–10.

Programs for optimizing the use of antibiotics (PROA) in Spanish hospitals: GEIH-SEIMC, SEFH and SEMPSPH consensus document



Rodriguez-Bano J, et al. Farm Hosp. 2012;36(1):33.e1-30.



#### Objectives of the PROA document

- To improve clinical results of patients with infections
- To minimize adverse events associated with the use of antimicrobials, including the emergence and spread of antibiotic resistance
- To ensure use of the most cost-effective treatments

DD-TVG-ELIB-0022 Data of preparation: March 2016



PROA, Programs for optimizing the use of antibiotics Rodriguez-Bano J, et al. Farm Hosp. 2012;36(1):33.e1-30.





# Recommendations for implementation

- Multidisciplinary antibiotic teams should be formed under the auspices of the Infection Committees
- The PROA needs to be considered as part of institutional programs and the strategic objectives of the hospital
- The PROA should include specific objectives based on:
  - measurable indicators
  - activities aimed at improving the use of antimicrobials



Monaries Universities



PROA, Programs for optimizing the use of antibiotics Rodriguez-Bano J, et al. Farm Hosp. 2012;36(1):33.e1-30.

# National plan for antimicrobial resistance



Available at: www.aemps.gob.es/publicaciones/publica/planestrategico-antibioticos/v2/docs/plan-estrategico-antimicrobianos-AEMPS.pdf [Accessed March 2016]

Monatel Differentieri Monateriosa



Identify and promote alternative and / or complementary measures of prevention and treatment

Communication and public awareness

Strategy and action plan to reduce the risk of selection and spread of antibiotic resistance

Plan estratégico y de acción para reducir el riesgo de selección y diseminación de la resistencia a los antibióticos

Monitoring consumption and antibiotic resistance

Control bacterial resistance

Define research priorities

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Control of Control of

ontrol training and information to health professionals

Control training and information to health professionals bacterial resistance

Available at: www.aemps.gob.es/publicaciones/publica/planestrategico-antibioticos/v2/docs/plan-estrategico-antimicrobianos-AEMPS.pdf [Accessed March 2016]





#### **AMS: Global solution**







#### **Strategies**

- Formulary restriction
- Prospective audit with intervention and feedback







#### ASHP: Statement on the Pharmacist's Role in **Antimicrobial Stewardship and Infection Prevention** and Control

- To ensure the optimal use of antimicrobial agents throughout the health system
- To prevent or reduce the transmission of infections
- To provide education and information about antimicrobial stewardship and infection prevention

PP-TYG-EUR-0022. Date of preparation: March 2016



px [Accessed March 2016].





# To ensure the optimal use of antimicrobial agents

- To ensure that the prophylactic, empirical, and therapeutic use of antimicrobial agents result in optimal patient outcomes
  - Optimal dose, quick start, monitor, de-escalation, sequential therapy
- Participation in an infectious disease committee
  - To ensure that the number and types of antimicrobial agents available are appropriate for the patient population served
- Participation in an antimicrobial stewardship programme
- Generating and analyzing quantitative data on antimicrobial drug use to perform clinical and economic outcome analyses
- Facilitating safe medication management practice for antimicrobial agents by utilizing efficient and effective systems to reduce potential errors and adverse drug event

TYG-EUR-0022. Date of preparation:



http://www.ashp.org/doclibrary/bestpractices/specificstantimicrob.as px [Accessed March 2016].





# Barriers to stewardship

- Clinical pharmacist with infectious diseases training
- Resources

OC Associations of paragraphics Manager 20.







# **Activities**

- Broad spectrum antibiotic review >2–3 days
- Antibiotic treatment >10 days
- Surgical prophylaxis (correct antibiotic, optimal dose, right duration, right time)
- Positive cultures
- Sequential therapy
- TDM

PP-TYG-EUR-0022. Date of preparation: Ma









#### Roundtable discussion

Moderator Dr. Sara Cobo

10:00-10:30h: Computerized systems to support PROA. Dr. Jordi Nicolás Hospital Universitario Mútua de Terrassa (AFINF SEFH)

10:30-11:00h: Clinical indicators and quality. Dr José Ramón Paño Pardo Hospital Universitario Miguel Servet 11:00-11:30h: Consumption of antibiotics in ICUs and de-escalation. Dr Rafael Zaragoza Hospital Universitari Dr Peset (SEMICYUC)

11:30-12:00h: Break/coffee

#### Roundtable discussion

Moderator Dr. Jordi Nicolás

12:00-12:30h: Surgical antibiotic prophylaxis audit. Dr. Miquel Pujol Hospital Universitari Bellvitge (SEIMC)

12:30-13:00h: Results of application of the PROA on antifungals. Dr Carmen Rodríguez Hospital Universitario Gregorio

13:00-14:00h: Plenary session: Use of ATB in the community. Interventions on primary prescribing. Dr. Philip Howard NHS

14:00-15:00h: Lunch

#### Roundtable discussion

15:00-15:30h: Educational interventions to improve hospital prescription. Dr. Esther Calbo. Hospital Universitari Mútua de

15:30-16:00h: Organizing and prioritizing activities in the PROA Dr. Javier Murillas. Hospital Universitari Son Espases.

16:00-17:30h: Workshops

17:30-18:00h: Debate workshops

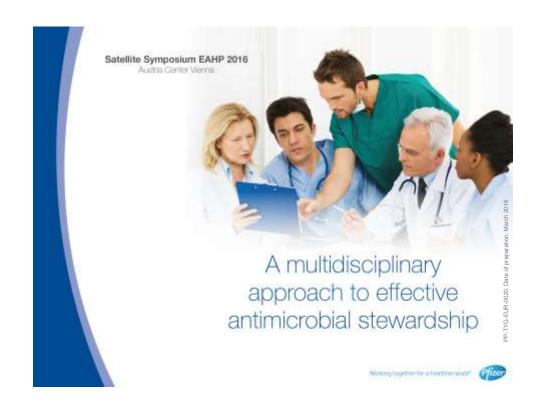
18:00: Conclusions of the course











Thursday 17<sup>th</sup> March 2016, Vienna, Austria

A multidisciplinary approach to effective antimicrobial stewardship

# Antifungal stewardship, where are we today?

Patricia Muñoz, MD. Ph.D.
Hospital General Universitario Gregorio Marañón
Department of Medicine. Universidad Complutense of Madrid. Spain
pmunoz@hggm.es















## **Conflict of interest disclosures**

Within the last 12 months:

Consultant and/or speaker for Astellas, Gilead, Merck, Novartis and Pfizer

PP-TYG-EUR-0021. Date of preparation: March 2016

# **Antifungal stewardship?**

Concept and justification

Definition of ABS
Use of antimicrobials
Are AF different?

- Data from the literature
- Our experience

ABS, antibiotic stewardship; AF, antifungals



# **Use of antifungals**

- Even more difficult than antibacterials
  - Different types of patients
  - Unspecific clinical presentation
  - Microbiology: poor sensitivity

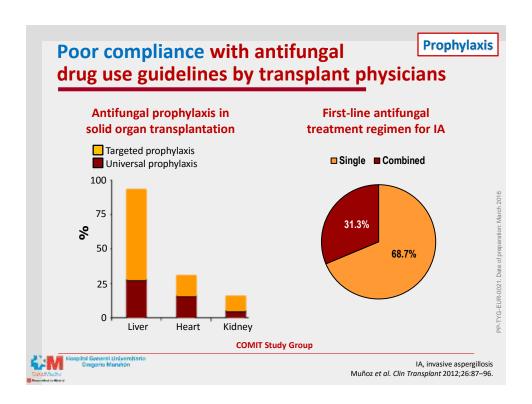
Very high mortality

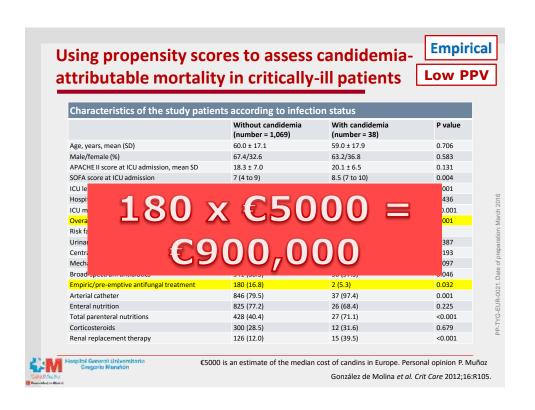
- Impact of early therapy
- New drugs are less toxic

Increase empirical therapy

Hospital General Universitation Gregorita Manahón

Muñoz P. Personal opinion





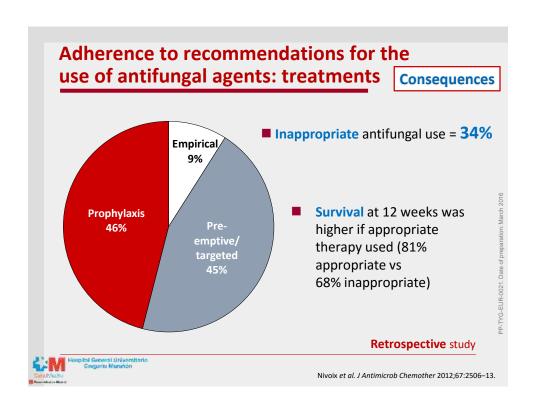
# Implications for antimicrobial stewardship: antifungal therapy in candidemic patients

**Targeted** 

- Candidemic patients treated with fluconazole (36%) or candins (64%)¹
- De-escalation with susceptible strains: 39%!<sup>2</sup>
  - 24% if non-albicans
  - Data available day +5

Hospital Gyneral Universitatio Gregoria Manahon

1. Shah et al. J Antimicrob Chemother 2011;66:2146–51; 2. Baddley et al. Diagn Microbiol Infect Dis 2004;50:119–24.



# Study of incidence and factors involved with inappropriate use of antifungals (Thailand)

- Thai tertiary care centre
  - Incidence of inappropriate antifungal use74% (in 42 of 57 patients)
  - Isolation of Candida species from urine (p=0.004) was a risk factor
  - Receipt of an infectious disease consultation (p=0.004) was protective

**Prospective** study



Sutepvarnon et al. Infect Control Hosp Epidemiol 2008;29:370–373.

# **Antifungal stewardship?**

- Concept and justification
  - It seems to be necessary
- Examples from the literature
- Our experience

Hospital General Universitario Gregoriu Manetón Salas Vicini 2016

# Antimicrobial stewardship: cost analysis before, during and after a 7-year program

- Active AF stewardship 2001–2008 (US)
  - Expenditure reduced 37% (\$1 million USD/year in the first 3 years)
    - AF: 50% budget (\$3.7 million USD)
    - REDUCTION: **60.7%**
  - Most effective in cancer center, medical and surgical ICUs and transplant units



Hospital Gyneral Universitatio Gregoria Manahón Caladylachia

Standiford et al. Infect Control Hosp Epidemiol 2012;33(4):338-45.

# **Antimicrobial stewardship: cost analysis** before, during and after a 7-year program Antimicrobial costs by quarter Programme terminated due to dissatisfaction with the preauthorization requirements ID physicians provide antifungal stewardship when deciding on appropriate therapy: similar effect? Increase = 41% Therefore, programme was restarted Standiford et al. Infect Control Hosp Epidemiol 2012;33(4):338-45.

# Impact of education and an antifungal stewardship programme for candidiasis

- Education, dose adjustment tool, antifungal prescription forms, and prescription-control strategies
- Led to 59% reduction in antifungal prescriptions
- Inappropriate antifungal use: decreased from 71% to 24%
- Reduction in C. glabrata and C. krusei

Apisarnthanarak et al. Infect Control Hosp Epidemiol 2010;31(7):722-7.

## **Compliance with the Comprehensive** Care Bundle for candidemia\*

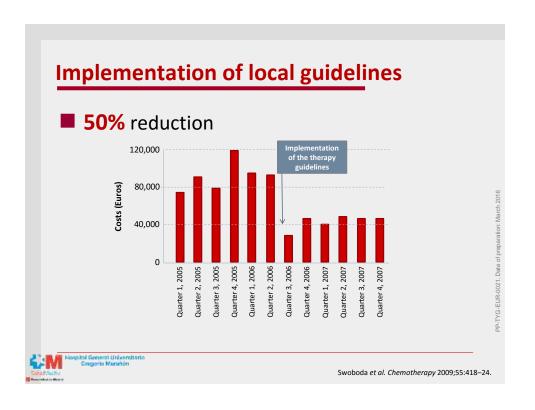
	Control group (n=37)	Antimicrobial stewardship intervention group (n=41)	p value
All bundle elements successfully completed	15 (40.5)	32 (78.0)	0.0016
Patients with more than one element not completed successfully	9 (24.3)	1 (2.4)	0.0108
Completion of individual elements			
Appropriate therapy after culture and susceptibility results	32 (86.5)	41 (100)	0.0488
Intravenous catheter removed	32 (86.5)	39 (95.1)	0.3494
Blood cultures every 48 hours until negative	29 (78.4)	35 (85.4)	0.6118
Appropriate duration of therapy	25 (67.6)	40 (97.6)	0.0012
Ophthalmologic examination performed	28 (75.7)	40 (97.6)	0.0108

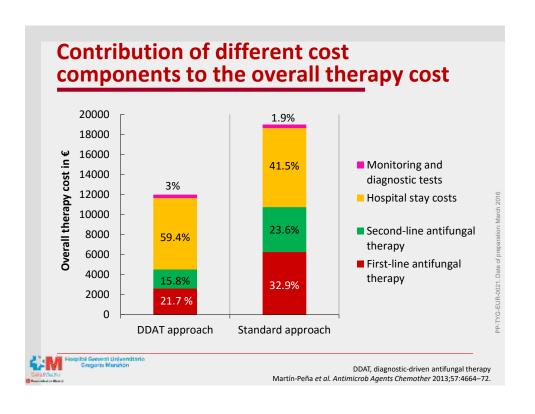
\*Data are no. (%) of patients

- Fewer excess total days of therapy (5 versus 83 total antifungal days)
- Similar clinical outcome

Antworth et al. Pharmacotherapy 2013;33(2):137-43.

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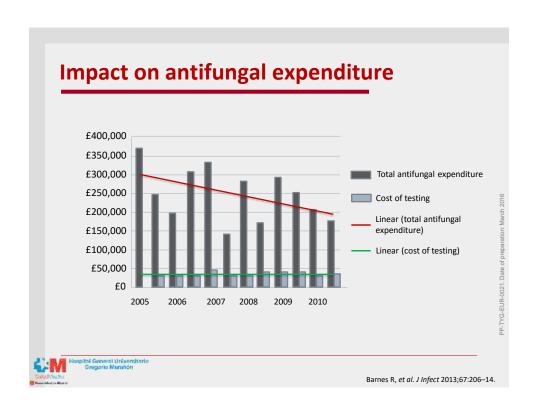
# Very high NPV of negative PCR + EIA

"Our results suggest screening has a role in high-risk populations. The high NPV allows empiric antifungal agents to be safely withheld in febrile patients and in this combined diagnostic strategy the post-test probability of not having IA for a patient consistently negative by PCR and EIA is 99.6%."

PP-TYG-EUR-0021. Date of preparation: Marc



EIA, enzyme immunoassay; IA, invasive aspergillosis; NPV, negative predictive value Barnes R, et al. J Infect 2013;67:206–14.

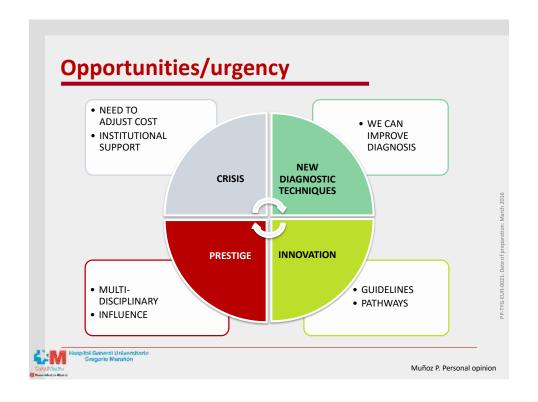


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# **Antifungal stewardship?**

- Concept and justification
- Data from the literature
  - It seems to be feasible
- Our experience in a general hospital

Hospital General Universitario Gregorio Menerión Situativio



#### **Must have**

O

- Leadership
  - ID physician (30–50% dedication)
  - Pharmacist trained in ID (20–30% dedication)
  - Microbiology (10% dedication)
- Institutional support
  - Medical director, ID chief, infection control, quality, ethics committee
- Prescriber's acceptance



Muñoz P. Personal opinion

# **Choices**

# Compulsory vs non-compulsory

- ACTIVE MEASURES
  - Bedside advice
  - On-site education
  - Multidisciplinary groups
  - Communication, communication, communication
  - RESOURCES, TIME

- PASSIVE MEASURES
  - Automatic stop orders
  - Order forms
  - Limited formularies
  - Education
  - Restricted industry contact
  - Restricted susceptibility reports

Hospital General Universitario Gregoria Manahón Dalas Naciki

Muñoz P. Personal opinion

PP-TYG-EUR-0021. Date of preparation: March 2016

# Methods: first steps toward AF stewardship

- ✓ Setting: 1,550-bed tertiary teaching center serving a population of approximately 715,000 inhabitants¹
  - Approximately 1,500 patients per year receive systemic AFs, with a cost of ~€3,000,000¹
- 1.Identified the main AF prescribing departments: Hematology, ICUs, Oncology, Nephrology, Gastroenterology, Pediatrics, Transplant units<sup>2</sup>
- 2.Conducted surveys to evaluate physicians' knowledge on the diagnosis and management of invasive fungal infections and AF prescribing practices: EDUCATION<sup>2</sup>
- 3. Created a Collaborative Group on Mycoses (COMIC)
  - ✓ At least: pharmacists, clinical microbiologists, ID consultants and physicians from the top AF prescribing departments²

Hospital General Universitario Gregoria Manuhón Gregoria Manuhón Muñoz P. Personal communication 1. Valerio , et al. CMI 2015;21:492 2. Muñoz P. Mycoses. 2015 Jun;58 Suppl 2:14-25

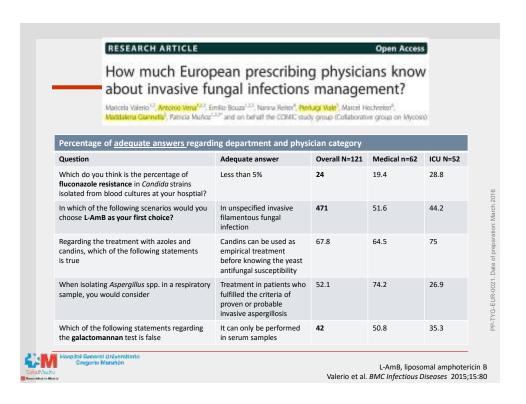
# Identify knowledge gaps

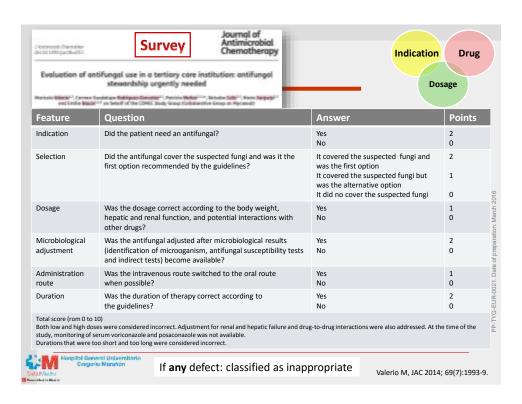
- Knowledge survey (20 questions, score 0–10)
  - Members of most prescribing departments (physicians of differing seniority)
  - Mean score of correct responses was 5.16 ± 1.73
  - <35% correct answers in:</p>
    - Candida: meaning of respiratory cultures, percentage of fluconazole resistance, indications for prophylaxis and empirical therapy, de-escalation
    - Aspergillus: indications of L-AmB, GM use, antifungal combinations, initial therapy of aspergillosis!

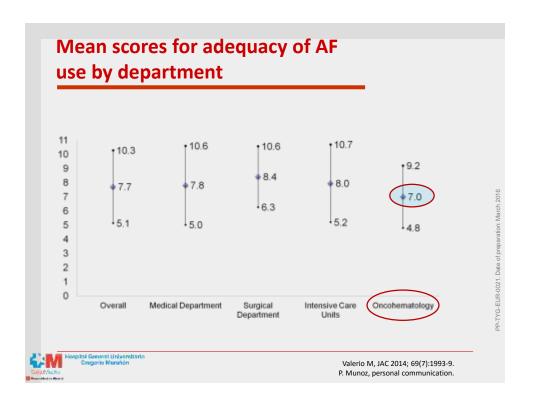


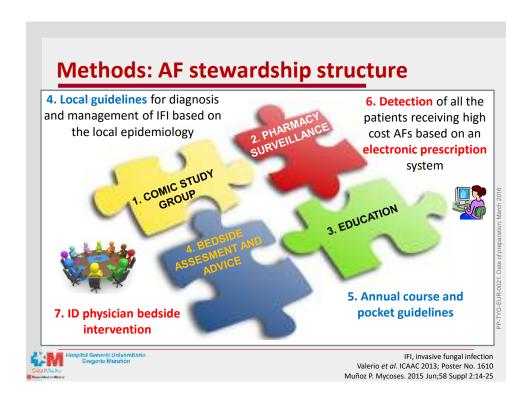
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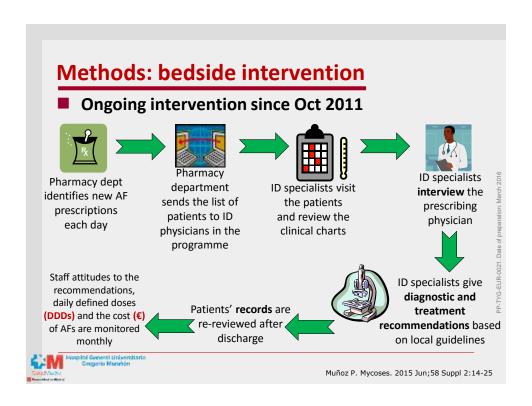
GM, galactomannan; L-AmB, liposomal amphotericin B. Valerio M, et al. Enferm Infecc Microbiol Clin. 2015;33(4):221-7.

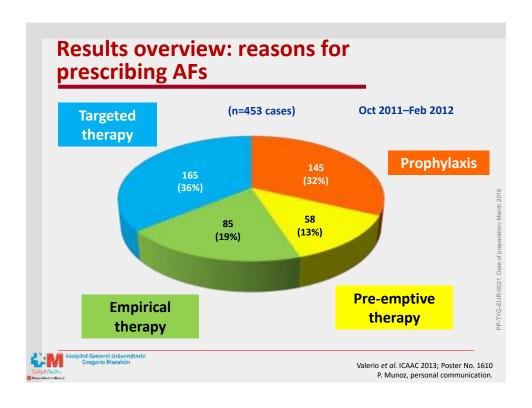


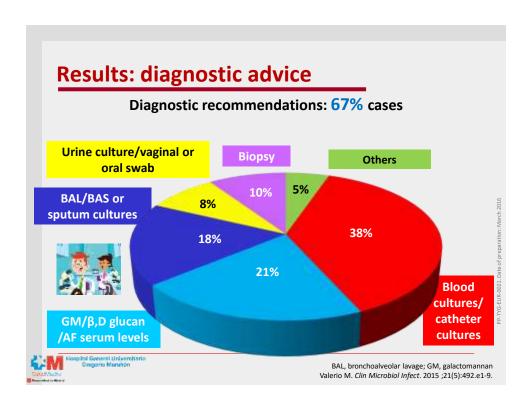


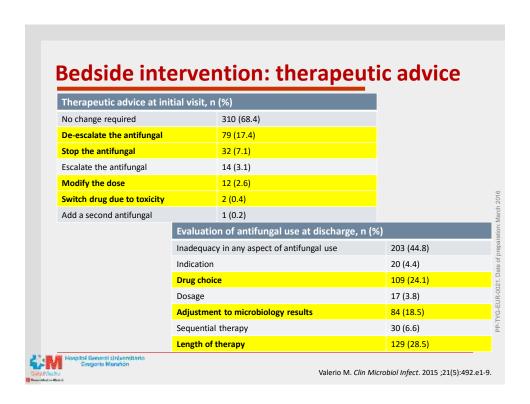


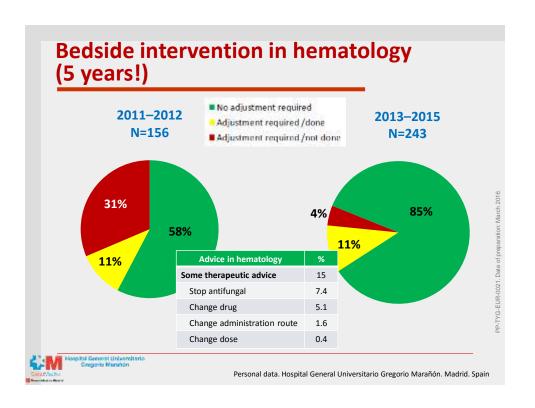


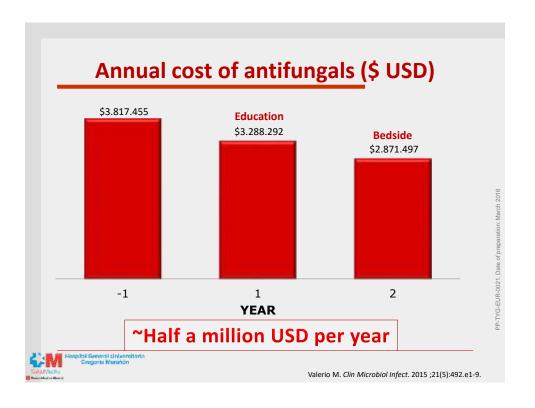


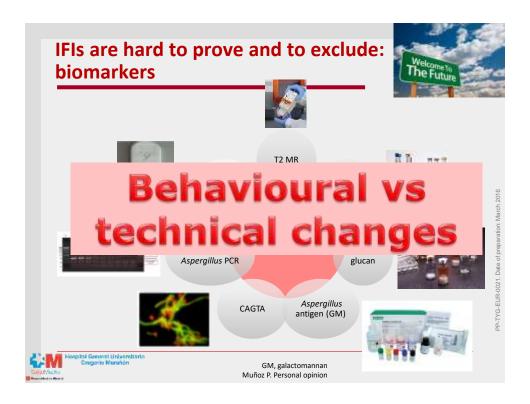












## Some of our recent references in the field

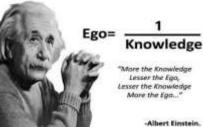
- Knowledge surveys: room for improvement. Valerio M, et al. Enf Infecc Microbiol Clin 2015;33(4):221–7 and Valerio M, et al. BMC Infect Dis 2015 21;15(1):80
- Antifungal use audit: identifies how AF are used and targets for intervention. Valerio M, JAC 2014;69(7):1993–9
- Non-restrictive bed-side intervention: safe and very cost-effective. Valerio M, et al. *CMI* 2015;21(5):492.e1-9
- Combination of Candida biomarkers: help for stopping antifungals. Martínez-Jiménez MC, et al. Med Mycol. 2014;52(3):270-5; Martinez-Jimenez MC JAC 2015;70(8):2354–61 and Martinez-Jimenez MC JAC 2015;70(11):3107–15
- Monitoring AF levels: Guinea J, et al. Med Mycol. 2016. Epub ahead of print. doi: 10.1093/mmy/myv099
- **A review:** Muñoz P. *Mycoses*. 2015;58(Suppl 2):14–25



# Multidisciplinary interventions

#### **Pharmacy department**

- AF alerts, prescription tools, interactions, iv fluconazole to po
- Monitor cost: overall and at unit level
- Price negotiation!
- **Expert pharmacists:** audit of agreed prot



#### **Hematologists**

- More diagnostic work-up
  - Share knowledge Accept AFS team decisions

neumologist, radiologists...

#### **ID** physicians

- Daily bedside intervention
  - · Prescribing etiquette:
    - Different healthcare models
    - Perceived loss of autonomy, local leaders in charge
- Consultation

#### **Clinical microbiology**

- Rapid turnover of lab results (streamlining)
- Help clinicians with diagnostic investigations
- TDM
- New diagnostic tools

Dx, diagnostics; TDM, therapeutic drug monitoring Muñoz P. Personal opinion

#### CLINICAL MICROBIOLOGY MYCOLOGY LAB IOLECULAR BIOLOGY LAB





Marta Rodríguez-Creixéms, Teresa Peláez, Jesús Guinea, Carlos Sánchez, Pilar Escribano

#### **PHARMACY DEPARTMENT**



Maria Sanjurjo, Carmen Rodríguez, Betsabé Cáliz





#### **ANTIFUNGAL PRESCRIBERS**

Hematology, SOT, intensive care unit, oncology, gastroenterology, internal medicine, surgery, radiology...





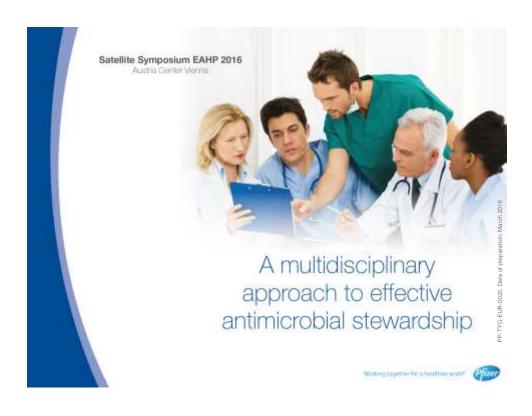


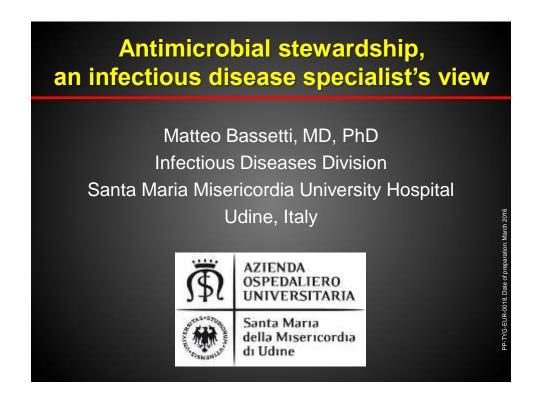
**INFECTIOUS DISEASE MEETINGS** 



Emilio Bouza, Patricia Muñoz, Ana Fernández-Cruz, Paloma Gijón, Mar Sánchez-Somolinos, Belén Padilla, Antonio Vena





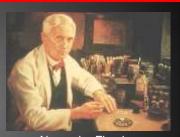


#### **Disclosures**

- Research grants
  - Astellas, Pfizer, MSD, Gilead
- Advisor/consultant
  - AstraZeneca, Astellas, Bayer, Cubist, Pfizer, MSD, Gilead, Angelini, Vifor, Shionogi, Novartis, Trius
- Speaker/chairman
  - AstraZeneca, Astellas, Pfizer, MSD, Gilead, Angelini, Vifor, Shionogi, Novartis

## **Brief history of antimicrobials**

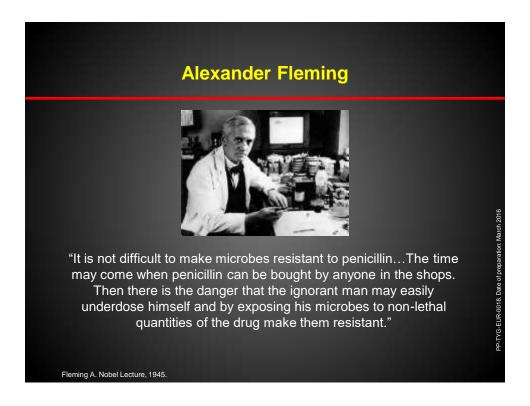
- Alexander Fleming discovered that Penicillium kills bacteria in 1928
- Fleming was convinced that the observation could never lead to therapeutic agents
- Florey and Chain resurrected the work, isolated penicillin, and by World War II were treating millions with antibiotics
- The age of antibiotics changed the landscape of modern medicine and antibiotics are one of the key medical interventions that have impacted human health

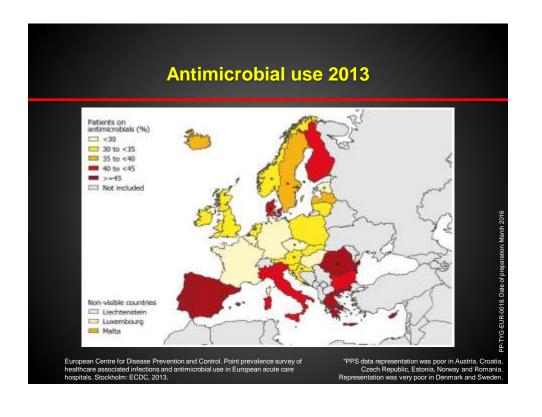


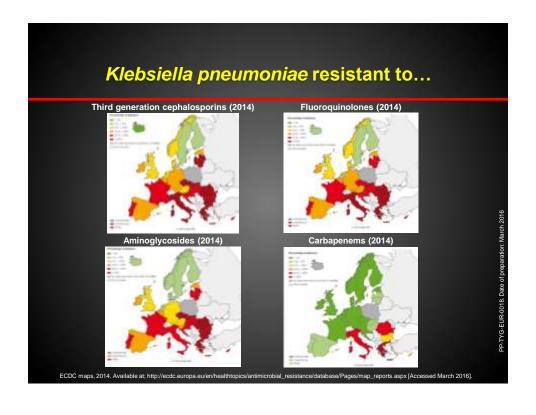
Alexander Fleming

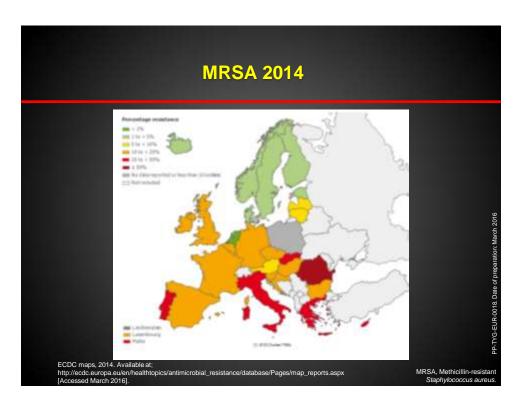












## A growing problem

- Resistance in clinically important pathogens has reached alarming rates
- Bacterial resistance exerts a significant impact on clinical outcomes:
  - No longer confined to the hospital setting alone
  - Will continue to worsen if not addressed
  - Limited antimicrobial options on the immediate horizon

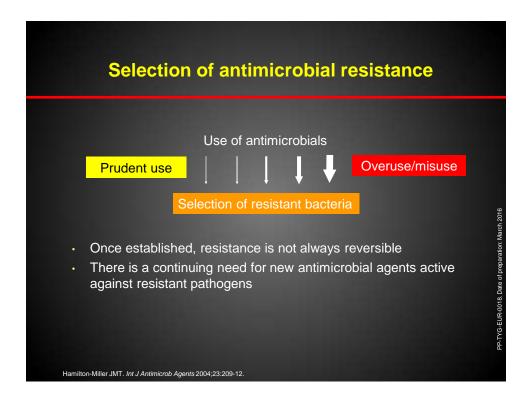
IDSA Public Policy. Clin Infect Dis 2011;52(Suppl 5):S397-428

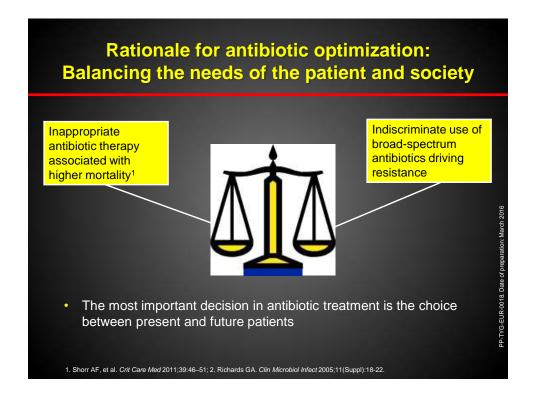
## The BUGS 'perfect storm'

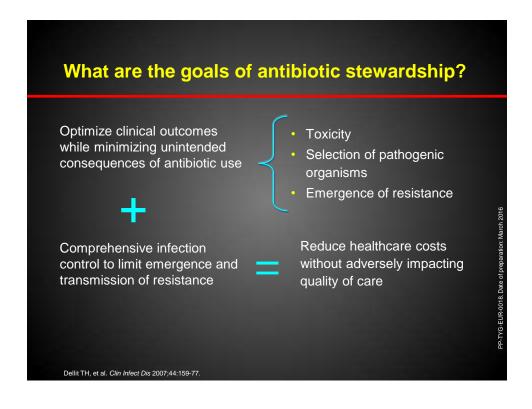
- MRSA
- VRE
- MDR A. baumannii
- MDR P. aeruginosa
- ESBL(+) E. coli
- ESBL(+) K. pneumoniae
- · Carbapenemase(+) K. pneumoniae
- · Penicillin/macrolide resistant S. pneumoniae
- MDR M. tuberculosis

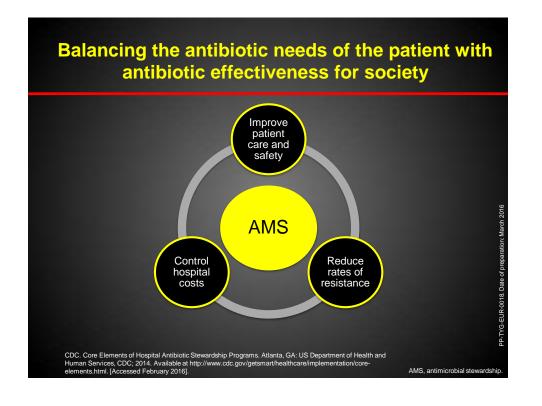
ESBL, Extended-Spectrum Beta-Lactamases; MDR, multidrug resistant; MRSA, Methicillin-resistant *Staphylococcus aureus*; PR, penicillin resistant; VRE, Vancomycin-resistant Enterococcus.

IDSA Public Policy. Clin Infect Dis 2011;52(Suppl 5):S397-428









## Improving patient outcomes

#### Clinical outcomes: comparing a stewardship program\* to usual practice1

Outcome	Stewardship program (n=96)	Usual practice (n=95)	Relative risk (95% CI)
Appropriate antimicrobial	90%	32%	2.8 (2.1–3.8)
Cure	91%	55%	1.7 (1.3–2.1)
Failure	5%	31%	0.2 (0.1–0.4)
Resistance	1%	9%	0.13 (0.02–1.0)

Antimicrobial stewardship programs have shown that appropriate initial antibiotic use leads to decreased mortality,<sup>2</sup> improved infection cure rates, reduced resistance<sup>3</sup> and reduced surgical infection rates<sup>1</sup>

1. Fishman N. Am J Med 2006;119:S53–61; 2. Shorr AF, et al. Crit Care Med 2011;39:46–51; 3. Davey P, et al. Cochrane Database of Systematic Reviews 2013:4; Art. No.: CD003543.

\*AMS program at the Hospital of the University of Pennsylvania, Philadelphia, PA, USA. AMS, antimicrobial stewardship; CI, confidence interval.

# Successful antimicrobial stewardship involves a multidisciplinary approach

 Antimicrobial stewardship is an inter-professional effort,<sup>1</sup> involving multidisciplinary collaboration from various core members<sup>2</sup>



1. Moody J, et al. Am J Infect Control 2012;40:94–5; 2. Dellit TH, et al. Clin Infect Dis 2007;44:159–77.

AMS, antimicrobial stewardship.

## **Evaluation of stewardship strategies**

Tactic	Comment	Level of evidence
Education	Essential but needs active intervention	A-III
Guidelines and clinical pathways	Can improve antibiotic utilization	A-I
Antimicrobial cycling	Insufficient data	C-II
Antimicrobial order forms	Can be an effective component	B-II
Combination therapy	Insufficient data	C-II
Streamlining or de-escalation	Can be an effective component	A-II
Dose optimization	Is an important component	A-II
IV to PO switch	Can be an effective component	A-III

Dellit TH, et al. Clin Infect Dis 2007;44(2):159-77.

IV, intravenous; PO, oral administration

## **Antibiotic stewardship in Europe**

 A pan-European survey to investigate antibiotic policy criteria in 170 hospitals from 32 countries

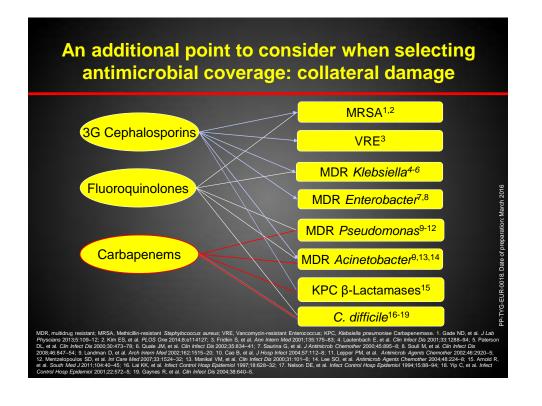
#### Conclusions:

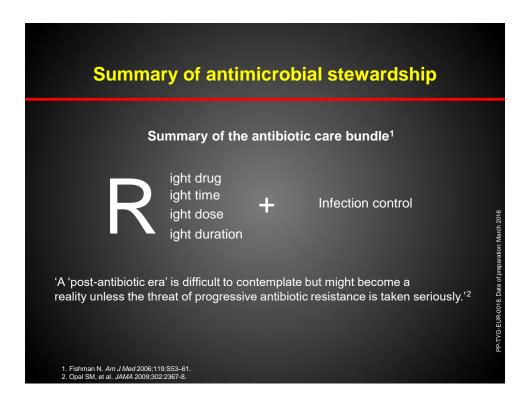
- 57% of European hospitals surveyed have a written antibiotic policy
  - 1/5 of the teaching hospitals did not
- Hospitals in Northern and Western Europe are most likely to convene antibiotic committees
- Policies and practices relating to antibiotic stewardship vary considerably across Europe
- New stewardship initiatives are necessary to achieve harmonization of recommended practices

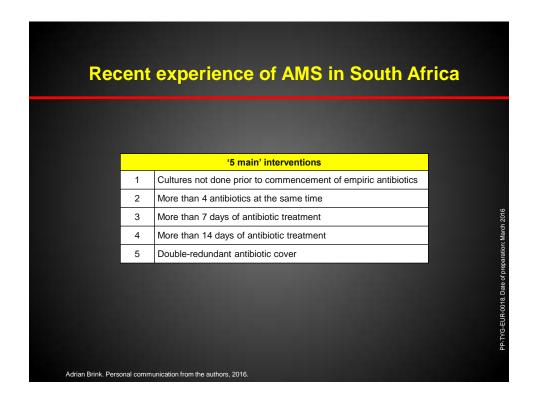
Bruce J, et al. J Antimicrob Chemother 2009;64:853-60

PP-TVG-FLIR-0018 Date of preparation: March 2016

# The worldwide situation The worldwide situation An international cross-sectional survey of antimicrobial stewardship programs in hospitals Internet-based survey in 2012: 43 questions Answers from 660 hospitals in 67 countries: National stewardship program Local stewardship program S8% Country AMS program (Europe) 81%







# Role of infectious diseases specialist in stewardship

- Cohort study in an ICU over 4 years (2001–2004)
- Patients with a possible or definite diagnosis of infection who received antimicrobial treatment
- Analysis of the appropriateness of antimicrobial therapy prescription before (P1) and after (P2) the implementation (January 1, 2003) of a systematic ID specialist consultation program

Ranieri E, et al. Am J Infect Control 2008;36:283-90.

ICU, intensive care unit; ID, infectious disease.

### To ID or not to ID?

	P1 (no ID)	P2 (with ID)	P
Infections	205	197	
Appropriate therapy	141 (68.8%)	165 (83.7%)	0.0004
Adherence to the local guidelines for empirical antimicrobial therapy	63.4%	83.8%	<0.0001

Shorter duration of antibiotic treatment (P<0.0001), mechanical ventilation (P<0.0001), ICU stay (P<0.0001), and reduced in-hospital mortality (P=0.006)</li>

Ranieri E, et al. Am J Infect Control 2008;36:283-90.

ICU, intensive care unit; ID, infectious disease; P1, prescription before implementation; P2, prescription after implementation.

# Stewardship in my region and Udine hospital

#### Region

- Local guidelines CRE, Acinetobacter, C. difficile
- Local guidelines for UTI, pneumonia, SSTI, bacteremia

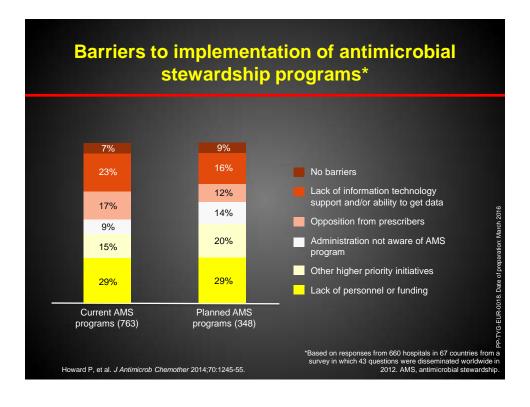
#### **Udine hospital**

- Antibiotic prophylaxis (drug, dose: when and how, duration)
- Internal guidelines/pathways for all infections:
  - Local epidemiology
  - PK/PD
  - De-escalation
  - Duration
  - IV/PO

Bassetti M. Personal communication, 2016.

CRE, Carbapenem-resisant Enterobacteriaceae; UTI, urinary tract infection; SSTI, skin and soft tissue infection; PK, pharmacokinetic; PD, pharmacodynamic; IV, intravenous; PO; oral administration.



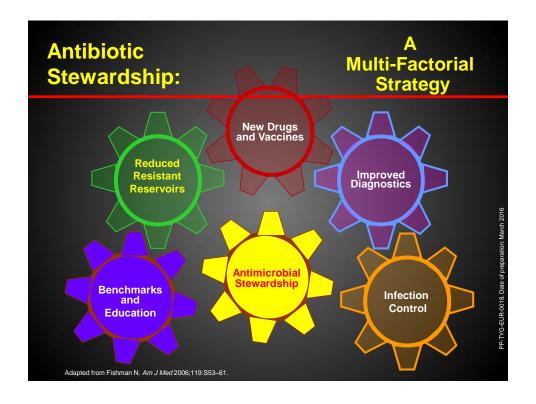


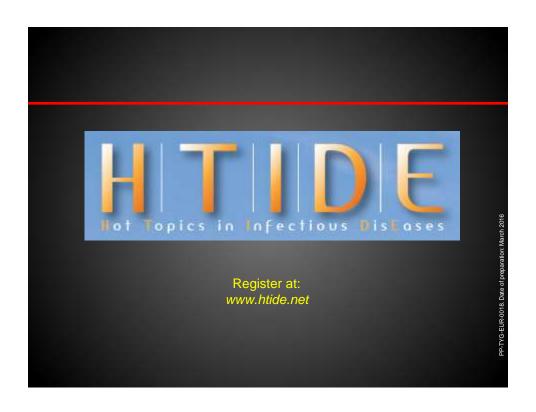
# In summary Antimicrobial stewardship is a growing activity responding to a growing need In Europe there are still very clear-cut opportunities for improvement in antimicrobial stewardship A well-respected leader and a multidisciplinary group is necessary to start a stewardship program A yearly working plan should be written and discussed in all institutions with clear-cut objectives

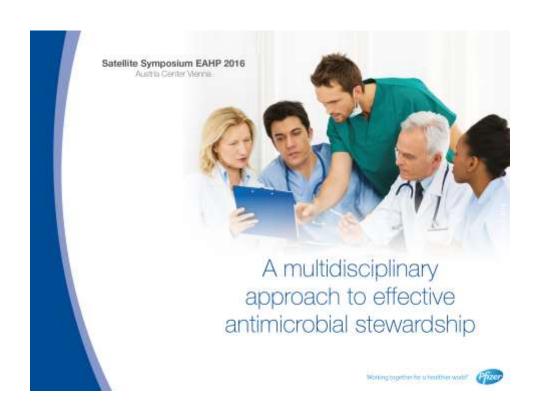
# **In summary**

- Interventions may be divided into educational and other interventions, including restrictive
- Responsibility for intervention must be clarified at the beginning
- The selection of metrics is essential and should be the responsibility of different team members
- The impact of stewardship on the evolution of MDR infections should be estimated
- An estimation of the economic impact of the project is better than no estimation at all
- A yearly report is required

MDR, multi-drug resistant









# **Questions**



 Please use a question card (located in the back of your programme booklet) or raise your hand for a microphone



# **Don't forget**

- Please complete the evaluation form inside your programme booklet
- Your feedback is important to us



Working requires for school their world?



