

# **(Re-)engineering clinical pharmacy services**

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## **Conflicts of interest**

- Nothing to disclose

## **Plan**

- Introduction
- Vision
- Standards of practice and metrics
- Efficiency / cost-effectiveness
- Perspectives

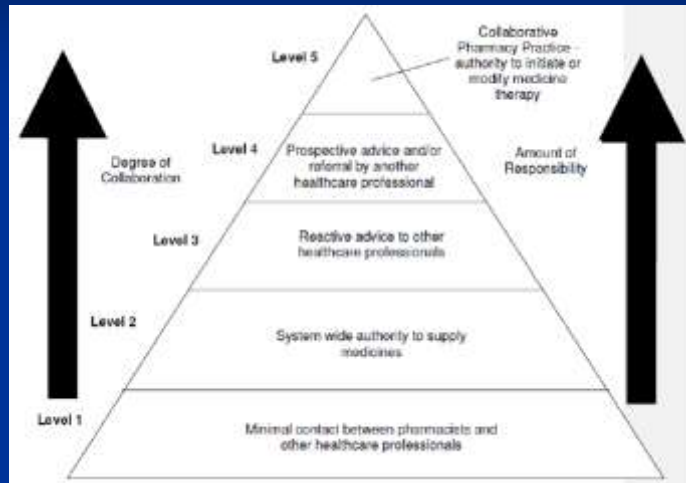
# INTRODUCTION

- What are we talking about?
- Models of practice and variability

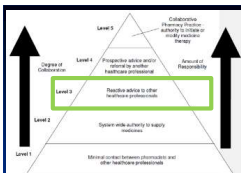
## ■ Engineering

- From Latin *ingenium*, meaning "cleverness" and *ingeniare*, meaning "to contrive, devise"
- the application of scientific, economic, social, and practical knowledge in order to design, build, maintain, and improve
  - (structures, machines, devices, systems, materials and processes)
  - → Clinical pharmacy services

# Models of pharmacy practice

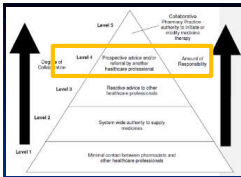


FIP reference paper collaborative practice, 2009 – [www.fip.org/statements](http://www.fip.org/statements)



## Level 3

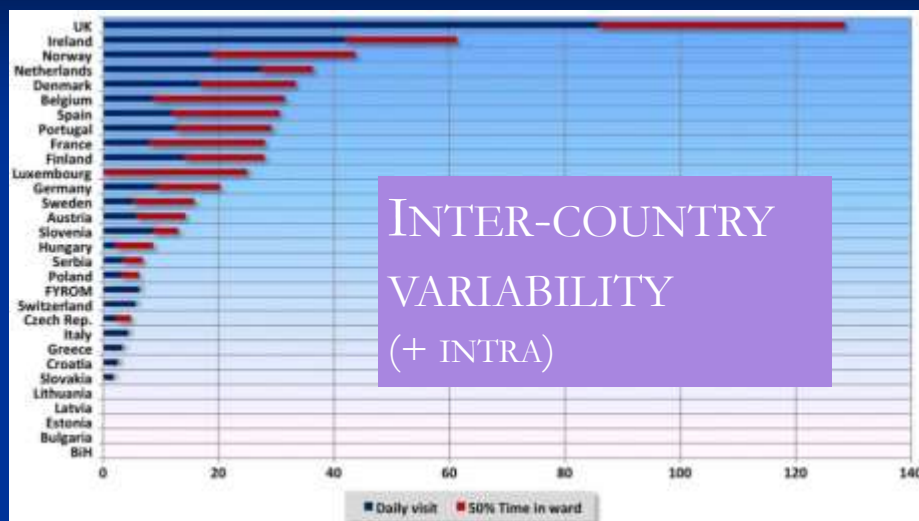
- Pharmacists are expected to assess a prescription before it is dispensed
- Prescription intervention occurs after a prescription has been generated → reactive service
- Large variability possible within this level
- Examples:
  - ward pharmacists spending 1-2 h/day per ward
  - Validation of prescriptions



## Level 4

- The pharmacist becomes part of the decision to initiate or modify a prescription = proactive
  - Inclusion in the team making decisions
    - Attending ward rounds
  - or referral by the prescriber to the pharmacist for advice
    - For specific medicines (eg TPN) or medication review
- No change to the patient's treatment is made without the agreement of the prescriber

### EAHP survey 2010 on hospital pharmacy in Europe: parts 4 and 5. Clinical services and patient safety



Frontini et al. Eur J Hosp Pharm 2013;20:69-73

## EAHP survey 2010

- Only 6% of pharmacies have pharmacists spending at least 50% of their time on the ward
  - 34% of US hospitals have pharmacists working on the ward for 8h/day
- 40% of hospital pharmacies offer clinical services occasionally (range by country 3.6-79.2%)
- Only limited changes since the 2005 survey

Frontini et al. Eur J Hosp Pharm 2013;20:69-73

Engineering CPSs will be discussed at **3 different**



- Local



## (RE)ENGINEERING: DO WE HAVE A VISION FOR THE FUTURE?



Please raise your hand if...



- In your country you are aware of any recent document/white paper describing
  - A vision for clinical pharmacy
  
- You work as a clinical pharmacist in a hospital
  - There is a vision on the development of clinical pharmacy for the next 5 years in your hospital

## Vision : work in progress?

### ■ Europe

- May 2014; Objectives : « to set out the future direction of the profession », how it can further serve the patient and collaboration with other health professionals



### ■ United States

- In contrast with pharmacy education's thorough embrace of clinical pharmacy, grassroots pharmacy practice seems to have suffered from a lack of vision and will (Zellmer AJHP 2010)



## Country-level: Belgium

- Pilot projects 2006-2013
- Implementation and evaluation at the national level
- Vision
- No agreed standards

### Vision sur le développement de la pharmacie clinique au sein des soins pharmaceutiques dans les hôpitaux belges

Document de la groupe de travail Pharmacie Clinique, 2006-2010

La pharmacie clinique vise à promouvoir des soins pharmaceutiques au sein desquels le patient est le sujet central et où la qualité, la sécurité, l'efficacité et l'adhésion de la pharmacothérapie sont prioritairement assurées via une approche multidisciplinaire et dans le cadre d'une politique de soins globale.

Les membres des CHP ont convenus que les projets pilotes de pharmacie clinique mis en place dans les hôpitaux belges contribuent à la réalisation de cette vision.

A partir des projets pilotes, les pharmaciens cliniciens sont en mesure :

- d'acquiescer les notions nécessaires à l'exercice de la pharmacie clinique à l'hôpital ;
- d'acquiescer, de développer, d'entretenir et d'adapter les compétences scientifiques de base des pharmaciens cliniciens, nécessaires pour optimiser et sécuriser la pharmacothérapie ;
- d'acquiescer les compétences en matière de communication indispensables pour recueillir et transmettre des informations adaptées aux différents qu'onques.

#### Objectifs

- Stimuler l'implantation de la pharmacie clinique dans les différents unités de soins dans un contexte de multidisciplinarité ;
- Promouvoir le rôle du pharmacien ;
- Offrir aux candidats pharmaciens hospitaliers une formation adéquate en pharmacie clinique ;
- Développer des moyens et de l'espace nécessaires pour pratiquer la pharmacie clinique en collaboration avec les directions hospitalières, les Comités Médicaux et les Comités Médico-pharmaceutiques ;
- Faciliter et collaborer avec les signifiants concernés en transférant les données relatives à la pharmacothérapie à l'attention, pendant le séjour et au moment de la sortie de l'unité de soins du patient ;
- Evaluer et documenter les actions et interventions de pharmaciens cliniciens en termes d'efficacité et d'amélioration de la qualité ;
- Intégrer les données relatives au traitement médicamenteux dans le dossier électronique du patient, afin de pouvoir mettre à disposition – y compris de la première ligne de soins – des moyens de communication plus rapides et diversifiés ;
- Permettre au patient de solliciter et d'obtenir une consultation pharmaceutique, tant lors de son admission qu'à la sortie, afin d'obtenir les informations nécessaires à l'adhésion d'une bonne compréhension de son traitement et ainsi améliorer sa compliance thérapeutique.

#### Les groupes cibles

Tous les hôpitaux belges universitaires, généraux, psychiatriques et répertoriés.

# Denmark

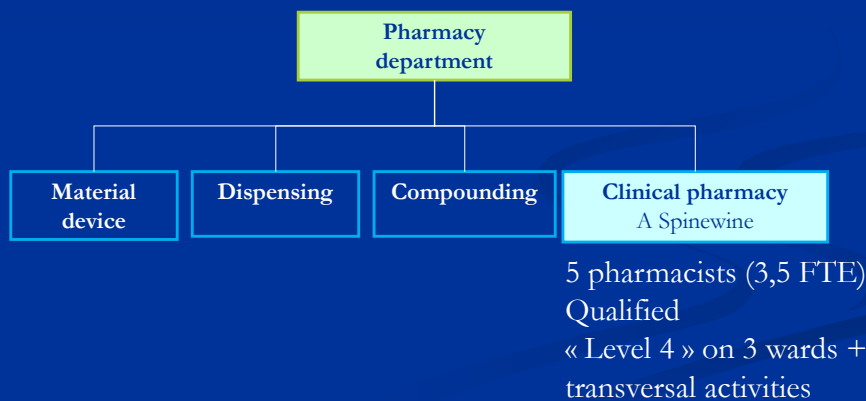
- National definition of clinical pharmacy
- Three levels
  - Patient
  - Ward
  - Management
- National strategy 2012-2015

Kjeldsen and Nielsen. Eur J Hosp Pharm 2012;19:539-40

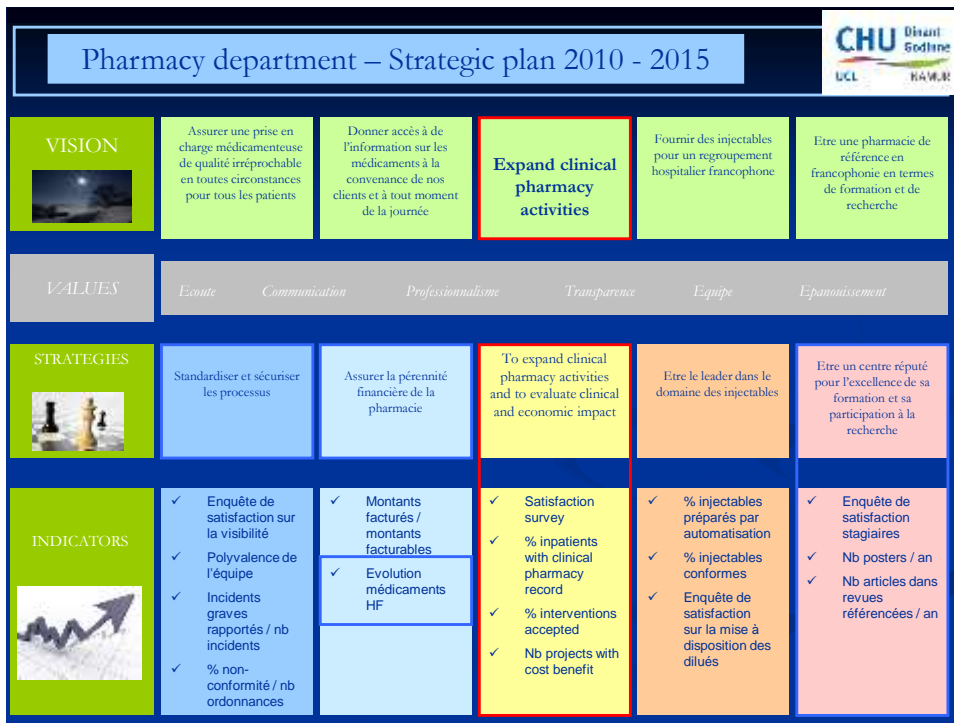
## Hospital level



- 2007 → 2010 → 2014







**CHU** Dinant  
Sodine  
UCL HAMM

## Developing strategy

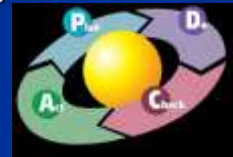
- Priorities / needs identification
  - Initially:
    - Risk of ADEs
    - Willingness / demand of chief physician / nurse
  - Then:
    - Cost of medications
    - (Accreditation standards)

# Developing strategy

## ■ Priorities / needs identification

### ■ Examples

- 0,5 FTE clinical pharmacist focusing on « deviant » DRGs
  - Prescribing procedures for anesthetics; colloid solutions;...
- New ward-based activity: pneumology
  - € aspects: antibiotics; inhalers;...



## ■ PDCA

OBSERVATION	ANALYSE	EXEMPLES	PROPOSITIONS
<b>PRESCRIPTION</b> - Traitement des - médicaments reçus ou plaquette d'administration (selon données infirmières), dans le dossier patient	- Fait de voir d'ensemble des usages et pratiques possibles → risque de duplication, incohérences - Informations manquantes surtout chez patients polymédiqués (p ex médicaments / doses / modalités d'administration manquantes) →	- Zéro patient, alors que reçoit déjà Pantoclor 20 (vs du domacil, non reçu dans le dossier) - Poids Prapensa trop (vs domacil) - l'usage prescrit en plus pour No - Courceptol oral (dossier de soins de TVF) couronne pas présente avec ATCD plaquette (non reçu dans dossier)	- Assurances par PC la pose de l'admission - Prescription des traitements agés ET chroniques du patient dans le dossier - charges ? De D'Amiens ?

## STANDARDS OF PRACTICE METRICS



## Please raise your hand if...



- You work as a clinical pharmacist
  - You have defined clinical pharmacy standards of practice/ metrics
  - There has been internal/external audit of your practice

« Hospital pharmacy manufacturing is subject to strict (inter)national standards »

« However, there has been very little attention focused on standards in relation to clinical pharmacy practice. »

Fitzpatrick, Pharm World Sci 2005;27:191-6

# Northern Ireland



- Clinical pharmacy standards, 2009
  - Basic standard requirements & advanced requirements

## Acute

- 1 Medicine History Interview
- 2 Medicine Therapy Monitoring
- 3 Prescription Monitoring and Review
- 4 Prevention, Detection, Assessment and Management of Adverse Drug Reactions
- 5 Prevention, Assessment and Management of Drug Interactions
- 6 Therapeutic Drug Monitoring
- 7 Prevention, identification, management and reporting of medication incidents
- 8 Multidisciplinary Working
- 9 Provision of Medicines Information Advice by Pharmacists
- 10 Discharge
- 11 Patient Medicine Education

## General Support

- 12 Education and Training
- 13 Resources
- 14 Staffing Levels and Structure
- 15 Documentation
- 16 Quality of Clinical Pharmacy Services
- 17 Health Promotion
- 18 Pharmacoeconomic Evaluation of the use of Medicines

# Northern Ireland

## STANDARD 3 Prescription Monitoring and Review

### Basic Standard Requirements

All patients' prescription charts are monitored and reviewed in conjunction with the patient's medical notes and relevant medical laboratory results by a pharmacist at regular intervals. The recommended intervals are:

- Acute wards once daily
- Intermediate stay wards once weekly
- Rehabilitation wards, community hospital wards once weekly
- Long stay psychiatric/learning difficulties once a month

- 3.1 A local SOP exists for prescription monitoring and review
- 3.2 All patients' prescription charts are monitored and reviewed by a pharmacist by the next working day after admission
- 3.3 Prescription monitoring and review is repeated at regular intervals as defined above throughout the patient's admission
- 3.4 The patient's administration record is reviewed to determine non-administration and to resolve any issues e.g. patient nil by mouth
- 3.5 Pharmacists endorse prescriptions to add clarity to the original prescription, if applicable
- 3.6 A local SOP exists for prescription endorsement by pharmacists
- 3.7 If a medication incident or a near miss has occurred it is reported according to the local policy/ procedure for reporting medication incidents or near misses

### Advanced requirements

- 3.8 A pharmacist reviews all prescriptions for 'high risk' drugs (except in emergency situations) before the first dose is dispensed or administered

## STANDARD 13 Resources

Table 1: Clinical Pharmacy Staffing Levels to Provide a Clinical Pharmacy Service

Hospital Area	Pharmacist Ratio	Technician Ratio
General Medicine Cardiology Paediatrics Acute Psychiatry Acute Elderly Care General Surgery Oncology Inpatients Haematology Inpatients Other comparable specialties	1 pharmacist per 40 beds ( $\pm$ 10 beds)	1 technician per 40 beds ( $\pm$ 10 beds)
Maternity / Obst & Gynaec ENT Orthopaedics Long stay Psychiatric Long stay Learning Difficulties Long stay Elderly Care Other comparable specialties	1 pharmacist per 60 beds ( $\pm$ 10 beds)	1 technician per 60 beds ( $\pm$ 10 beds)
ICU / CCU / HDU PICU / Neonatal Renal Haemodialysis Other comparable specialties	0.1 pharmacist per bed/col station	0.1 technician per bed/col station
Accident and Emergency	1 pharmacist per 100,000 attendances	1 technician per 100,000 attendances
Cyclic Transist Patients HIV Patients Other comparable specialties	0.3 pharmacist per 50 registered patients	0.3 technician per 50 registered patients
Pharmacy led Clinics	0.2 pharmacist per clinic	—
Specialist Teams	0.5 pharmacist per team	—
Clinics - STD	0.1 pharmacist per 1000 patient visits	—

# United Kingdom




# Australia



## ■ Standards of practice for clinical pharmacy services

- Medication reconciliation
- Assessment of current medication management
- Clinical review, TDM and ADR management
- Medication management plan
- Providing medicines information
- Facilitating continuity on transition between settings
- Interdisciplinary care planning
- Prioritising clinical pharmacy services
- Staffing levels and structure
- Training and education
- Participating in research
- Pharmacy technicians supporting clinical pharmacy services
- Documenting clinical activities
- Improving the quality of service
- Clinical competency assessment tool

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The Society of Hospital Pharmacists of Australia

Table 9.1. Pharmacist staffing levels for provision of clinical pharmacy services based on 'overnight beds'

Category	Service mix bed type	Staff to 1 FTE pharmacist bed
1 Specialist units, high dependence on medicines	Hematology Immunology Infectious, M Oncology, R Medicine, TN Qualified Ns	Staff to 1 FTE pharmacist bed
2 Medical bed type	General med Cardiology, I cardiology, E Endocrinology Gastroenterology Chemotherapy Neurology, I Respiratory Respiratory management Paediatric in	Staff to 1 FTE pharmacist bed
3 Surgical bed type	General surgery, Bariatric Cardiology, C Colorectal, S Upper GIT, I Head and Neck surgery, HNS Orthopaedics Reconstruct Urology/Vas	Staff to 1 FTE pharmacist bed
4 Palliative care		Staff to 1 FTE pharmacist bed

Table 13.1 Risk classification of pharmacy interventions using a consequence/probability matrix<sup>a</sup>

Consequence or impact			
Level	Description	Description assume intervention not made, p	
1	Insignificant	No harm or injury, low financial loss	
2	Minor	Minor injuries, minor treatment required, no financial loss	
3	Moderate	Major temporary injury, increased length of in treatment/procedures. Potential for financial loss	
4	Major	Major permanent injury, increased length of in for significant financial loss	
5	Catastrophic	Death, large financial loss and/or threat to go	
Likelihood of occurrence			
Level	Description	Description likelihood of impact occurring at future	
A	Almost certain	Is expected to occur in most circumstances	
B	Likely	Will probably occur in most circumstances	
C	Possible	High occur at some time	
D	Unlikely	Could occur at some time	
E	Rare	May occur only in exceptional circumstances	
Risk (consequence x likelihood)			
Likelihood	Insignificant	Minor	Moderate
A (almost certain)	H	H	E
B (likely)	M	M	M
C (possible)	L	M	M
D (unlikely)	L	L	M
E (rare)	L	L	M

E = extreme risk; H = high risk; M = moderate risk; L = low risk.

Table 14.1 Some suggested performance indicators for clinical pharmacy services

Clinical activity	Performance indicator
Accurate medication history	Percentage of patients with completed medication history by a pharmacist within 24 hours of admission or presentation
Medication reconciliation	Percentage of patients with completed medication reconciliation by a pharmacist within 24 hours of admission or presentation
	Percentage of patients with a correctly completed record of prior adverse drug reactions and allergies documented within 24 hours of admission
	Percentage of patients with current medications recorded (on presentation, transfer or discharge)
Assessment of current medication management	Number of assessments of current medication management by a pharmacist per total patient bed days
	Percentage of patients that receive an assessment of current medication management by a pharmacist
	Quality of clinical pharmacy interventions: percentage of interventions rated = moderate (collected periodically over 2 days)
Therapeutic drug monitoring	Percentage of patients with an INR > 4 that have had their dosage adjusted or reviewed prior to the next warfarin dose
	Percentage of patients with toxic or subtherapeutic aminoglycoside concentrations that have had their dosage adjusted or reviewed prior to the next aminoglycoside dose
Medication	Percentage of patients with a documented

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CHU Bristol 50th Anniversary  
UCL NARS

# Standards of practice

- Job description
  - Clinical pharmacist
  - Chief clinical pharmacist
  - (Semi)annual evaluation

# Standards of practice



- Procedures: examples
  - Searching for medicines information
  - Drug history and medication reconciliation
  - Documenting clinical pharmacy activities for individual patients
    - Making intervention notes
  - Reviewing prescription of
  - Students
    - Presenting a clinical case; p
    - ...

Level	Description	Criteria	Symbol
0	Cannot do	• Insufficient knowledge or experience to perform to standard	
1	Knows all elements of task	• Has fully reviewed instructions, reference materials, and is familiar with tools of the job	
2	Can do the basics	• Has received instruction from a level 4 instructor • Has performed task correctly before a level 4 instructor	
3	Can do fully	• Qualified by level 4 instructor	
4	Can teach others how to do	• Has taught or audited another person's work within 90 days	

# Metrics/documenting

## WHY?

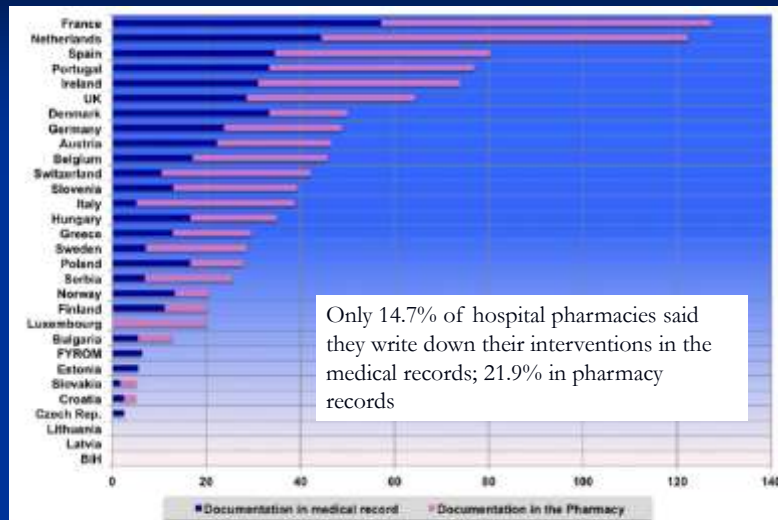
- Sharing information with other HCPs
- Professional accountability
- Determine efficiency and quality of

## HOW?

Use strategies to ensure that workload documenting does not take up a large component of clinical pharmacists' time and distracts from providing clinical services »

- Strategic planning

## Documenting activities



Only 14.7% of hospital pharmacies said they write down their interventions in the medical records; 21.9% in pharmacy records

Figure 2: Percentage of pharmacies documenting their clinical activities (inpatients) in medical records or in the pharmacy (n=950 and n=935, respectively). Total may be >100% as some pharmacies use both documentation systems. BIH, Bosnia and Herzegovina; FYROM, Former Yugoslav Republic of Macedonia.

## Metrics/documenting



### WHY?


- Sharing information with other HCPs
- Professional accountability
- Determine efficiency and quality of service
  - Workload
  - KPIs
  - ...
- Assist in strategic planning

### HOW?


- Routinely: Electronic clinical pharmacy record embedded in EMR
- Routinely / periodically
- Research projects




# Documenting activities



- Médecin traitant :
- Code :
  - CTI :
  - Cas p :
  - Num :
- Group :
- Conjoi :
- Objets par services :
  - ANATOMOPATHOLOGIE
  - ANESTHESIOLOGIE
  - CARDIOLOGIE
  - CHIR. CARDIO. VASC. THOR.
  - DIETETIQUE
  - GERIATRIE
  - KINE GERIA.
  - KINE VASCU.
  - MEDECINE NUCLEAIRE
  - MEDECINE PHYSIQUE
  - NEUROCHIRURGIE
  - NURSING
  - PHARMACIE CLINIQUE**
  - SA 30/01/2014 Avis Pharmacie clinique MOUZON Ariane
    - SA 20/02/2014 Rapport MOUZON Ariane
    - SA 20/02/2014 Feuille de traitement pour le patient MOUZON Ariane
  - PNEUMOLOGIE



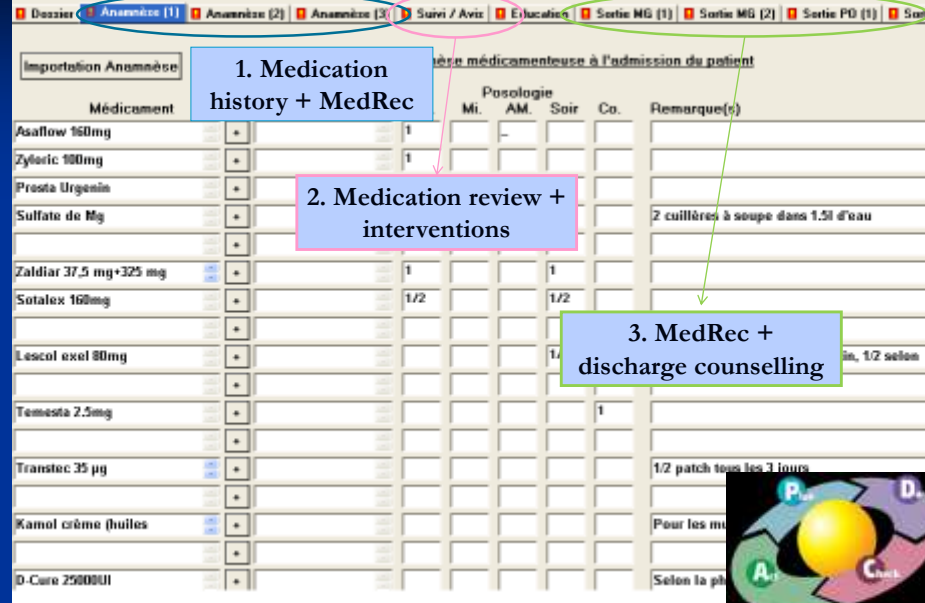
# Documenting activities

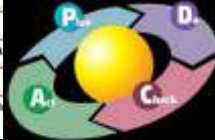


1. Medication history + MedRec

2. Medication review + interventions

3. MedRec + discharge counselling





# Metrics/documenting



## WHY?

- Sharing information with other HCPs
- Professional accountability
- Determine efficiency and quality of service
  - Workload
  - KPIs
  - ...
- Assist in strategic planning

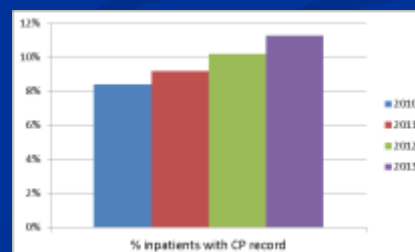
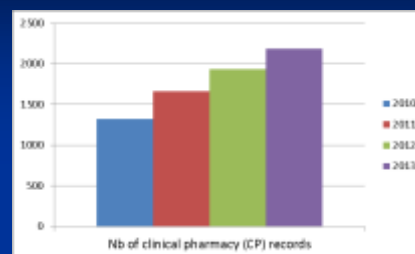
## HOW?

- Routinely: Electronic clinical pharmacy record embedded in EMR
- Routinely / periodically
- Research projects

SHPA

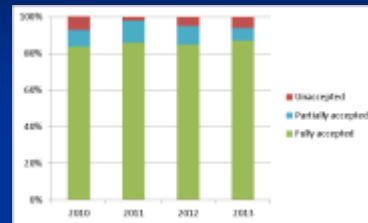
## Metrics: example 1: routine

Service	Nombre	Nbre d'analyse encodé
CARDIOLOGIE	15	9
CHIR CARDIO VASC THOR	7	2
CHIRURGIE GENERALE	174	126
DOULEUR CHRONIQUE	1	0
GASTROENTEROLOGIE	14	4
GERIATRIE	115	75
HEMATOLOGIE	2	1
MEDECINE INTERNE GENERALE	5	2
MEDECINE PHYSIQUE	3	0
NEUROCHIRURGIE	4	1
NEUROLOGIE	6	2
ONCOLOGIE	3	1
ORL	2	0
ORTHOPEDIE	107	68
PNEUMOLOGIE	9	5



## Metrics: example 2: periodic

- 4 weeks/year
  - Detailed recording of all activities and interventions
- Satisfaction survey (2011)
  - Physicians and nurses
  - Assist in future developments



## Lean management and clinical pharmacy

- Clinical pharmacy record embedded in electronic patient record
- Closely linked to computerized prescribing order entry system (CPOE)
- Avoid duplicate work / information
  - Risk of errors!
  - Eg discharge medication list
- (semi)Automatic identification of high-risk patients/situations

## Efficiency: doing « more with less »

- Patient-focus + process-focus time investment
- Empowering patients
- IT support



- Educational leaflet / posters
- Medication form; paper-based
- For HCPs: EMR modifications
- Soon: mHealth application: medication history (patients) and MedRec (HCPs)

## Metrics 3: research informs strategic planning

### Effect of a Collaborative Approach on the Quality of Prescribing for Geriatric Inpatients: A Randomized, Controlled Trial

Anne Spinewine, PhD,\* Christian Swine, MD,\*<sup>§</sup> Soraya Dhillon, PhD,<sup>‡</sup> Philippe Lambert, PhD,\*<sup>§</sup> Jean B. Nachega, MD, MPH, DTM&H,\*<sup>§§</sup> Léon Wilimotte, MPharm,\*<sup>†</sup> and Paul M. Tulkens, MD, PhD\*<sup>‡</sup>

J Am Geriatr Soc

### Implementation of Ward-Based Clinical Pharmacy Services in Belgium—Description of the Impact on a Geriatric Unit

Anne Spinewine, Soraya Dhillon, Louise Mallet, Paul M Tulkens, Léon Wilimotte, and Christian Swine

Ann Pharmacother

### EFFECT OF A CLINICAL PHARMACIST INTERVENTION ON UNINTENTIONAL MEDICATION DISCREPANCIES AFTER DISCHARGE: A PROSPECTIVE COHORT STUDY

C. Claeys<sup>1</sup>, C. Senterre<sup>2</sup>, J. Nève<sup>1</sup>, P.M. Tulkens<sup>1</sup>, P. Debusschere<sup>4</sup>, A. Spinewine<sup>2,3</sup>

## COST-EFFECTIVENESS

- Necessary for re-engineering?

## Research questions: cost-effectiveness

- Level 3 vs level 4 pharmacy practice?
  - « There was a division of opinion amongst chief pharmacists as to how best clinical pharmacy service can be provided withing the resource limitations:
    - provide a limited service to all wards
    - Provide a quality service to a limited number of wards (Fitzpatrick 2005)
- Inpatients vs outpatients?
- Prospective identification of high-risk patients?
  - Linda Dodds EJHP 2014
- ...

## In conclusion: (re-)engineering

- Move forward
  - ... using a stepwise and rigorous approach
  - ... being innovative
  - « The transformation of pharmacy practice will not march in a straight line toward some ultimate perfection »  
(Zellmer, Am J Health Syst Pharm 2010)
- Define clinical pharmacy practice standards
- Document, benchmark and evaluate level of practice
- Increase and optimise resources
- Research to better inform strategic planning

**Thank you for your attention**

### Contact details

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